



2015 Elite Club Membership Standards

TECHNICAL JUGGLING STANDARDS

1. 100 dominant hand throws (DHT) with 4 Balls
2. 5 Tricks with 4 Balls
3. 50 with 5 Balls
4. Flash 6 balls (Must be a clean flash—no drops, no multiplexes. Crossing pattern is okay but not preferred.)
5. 50 with 7 Ball Passing
6. 25 with 8 Ball Passing
7. 50 DHT with 4 Rings (INCREASED from 30 in '14)
8. 25 with 5 Rings (INCREASED from 10 for '15)
9. 50 with 7 Ring Passing
10. 10 with 8 Ring Passing
11. 10 Tricks with 3 clubs (Not incl. doubles. Compulsory: one-up pirouettes; one-up half-pirouettes; quarter turns.)
12. 50 RHT with 3 club constant doubles (singles' speed with a left-hand catch, just like in warm-ups)
13. 10 consecutive perfect sets of 5-5 (5 RHT with 3 Club singles then 5 with Constant Doubles at singles' speed)
14. 25 DHT with 4 Clubs (INCREASED from 10 for '15)
15. 100 with 6 Club Passing (must be achieved with four different people, including at least two non-leaders)
16. 7 tricks with 6 Club Passing (Compulsory: hatchets, ultimates, floaters) (INCREASED from 5 tricks for '15)
17. 50 with Three-Person Point Passing
18. 20 with the Four-Person Y Pattern (20 in all four positions)
19. 20 with Dropbacks in a Dropback Line
20. 50 with 7 Club Passing (double flips preferred in order to train for 8 Club Passing)
21. 10 with 7 Club Passing, single flips (NEW for '15; if #20 was achieved in single flips, then at least qualify double flips)
22. 10 with 8 Club Passing (NEW for '15)
23. One minute (1:00) with Club Balance (chin, nose, or forehead)
24. 20 with 5 ball Drop Bounce
25. Mastery of at least two Auxiliary Props

COMMITMENT STANDARDS

26. Age minimum: 8th grade. (*Due to demand, all 8th grade candidates should consult with Paul before registering.*)
27. Two years of JUGHEADS experience. (*Advanced Club experience is recommended but not required.*)
28. Commitment to juggle outside of club time (home, camp, and/or festivals, etc.).
29. No more than seven (7) absences (5 excused, 2 non-excused). *Please try to make up absences on alternate days.*
30. Achieve an average of one new record (endurance, trick or pattern) every month of the school year (not just in summer!).
31. Join the International Jugglers' Association (IJA) at www.juggle.org for \$25/year (Youth Membership).

EXEMPTION NOTE: If a standard is not met, the Jughead must: 1) achieve 50% of that standard, and 2) double two other standards OR quadruple one other standard. For example, if only 13 DHT with 4 clubs has been achieved, the Jughead could achieve 100 with 7 club passing and 100 with 5 balls, or four (4) minutes with the club balance (400% of 1:00). Even with this exemption, fully qualified candidates (and H.S. upperclassmen) receive membership priority, and each standard should be fully achieved by the end of the first Elite year. (*No halving passing standards. Doubling passing standards must be achieved with a peer. Achieve all passing standards with a club peer by mid-year.*)

Paul Arneberg, JUGHEADS Director—July 2015