

JUGHEADS

JOURNAL

Monthly news of JUGHEADS Youth Juggling Company, LLC • Edina, Minnesota • September 2008

The Li'l Company that Could

Unique youth haven continues thriving

Welcome to the 15th year of JUGHEADS (JH)! This newsletter comes out around the first Monday of the month with hopes that you find it informative and inspiring. If you want to explore the history of how our company has developed thus far (esp. if you're a rookie JH family), check out our *JUGHEADS JOURNAL* archives on our Web site. Meanwhile, just for fun, here's a statistical sampling of the demographics of our youth juggling company:

2008-'09 JH Company Stats At-a-Glance

3rd Graders:	9
4th Graders:	11
5th Graders:	15
6th Graders:	10
7th Graders:	37
8th Graders:	21
Freshmen:	8
Sophomores:	19
Juniors:	4
Seniors:	12
Total Jugheads:	146

Average Jughead Grade: 7.42

Average Current Jughead Year (1st-10th): 3.75th year

Boys: 106 (72.6%); **Girls:** 40 (27.4%)

Sets of Siblings: 31 (totaling 63 Jugheads)

Edina Public School Students: 117 (80.1%)

Non-E.P.S. Students: 29 (19.9%)

Resident Cities: 14 (Bloomington, Burnsville, Eden Prairie, Edina, Excelsior, Golden Valley, Hopkins, Minneapolis, Richfield, Roseville, St. Anthony Park, St. Louis Park, Sunfish Lake, and Shorewood)

Coach Corner: Meet the Men

Four Coaches bring various expertise

For the first time in our history, we have FOUR (4) paid coaches leading our weekly juggling clubs! This is in addition to the 15 student Assistants who work all five after school clubs. You can read the bio for Head Coach **Paul Arneberg** on our Web site; here are the bios for our other three coaches:

JON O'CONNOR is already in his 4th year of professionally assisting our top-level Ultimate Club (UC). A professional juggler & actor for well over 25 years, Jon toured extensively and even performed off-Broadway as "Pyro" with his longtime juggling comedy trio, The Flam-



ing Idiots. Upgraded from "Guest Instructor" to "Coach" this year due to Paul's need for consistent outside expertise (and Jon's giddy enthusiasm for our top Jugheads), Jon has a vision for UC to return to our former tradition of competing in the International Jugglers' Association (IJA) Teams Championships in Winston-Salem, NC in 2009.

SCOTT RICHTER has been throwing and catching things since his 6th grade year. With five years in the JH program (honored as a graduate in 2007), a year of coaching and two IJA medals under his belt, Scott knows a thing or two about this sport and art. With a heart for kids and their development as youth, Coach Scott offers a fun environment to grow and learn as young performers. Scott is a freshman at Crown College in St. Bonafacius majoring in Youth Ministry.

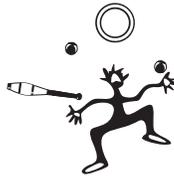
BILLY WATSON has been affiliated with JH for nine years. As a Jughead (Class of '07), he directed UC for three years (resulting in two IJA Teams bronze medals) and performed various Juggle Jam (JJ) solos, duets, and group acts. In 2003, Billy met his juggling mentor, Benji Hill, who encouraged constant practice (avg: 4 hours/day) and a rigorous focus on proper technique. Billy's recent achievements: 2006 IJA Juniors bronze; 2008 IJA Individuals silver; and coaching three JH acts to win IJA stage medals (Swatch, Nate Martin, and Ben Hestness). Billy is a sophomore at St. Thomas majoring in Philosophy and Entrepreneurship.

Kentucky Flyin' Juggling

Jugheads receive many IJA accolades

Our 13th annual trip to the IJA Festival in Lexington, KY packed a punch for the relatively small group of 13 Jugheads (and two graduates) in attendance. As a love gift, **Darcy Wiklund** chaperoned with **Paul & Wendy** despite our small numbers, and **Diane & Kelsey Harr** came mid-week, giving Miss Harr (JH Class of '06) a taste of becoming our first Junior Chaperone in 2009. Highlights '08:

- 1) **JOGGLING:** **Rory B., Colin R., Danny R.,** and **Joey S.** won the 4x100m gold in the Intermediate Division, among other individual medals in several races.
- 2) **YOUTH SHOWCASE:** **Jonny L., Jack L., Colin R.,** and **Joey S.** performed their solos from JJ10, with emceeing by **Colin** and stagehand work by **Danny R., David U.** and **Darcy Wiklund.**
- 3) **INDIVIDUAL PROPS:** **David U.** (UC senior) won 3rd place in the Cigar Box category. He split his \$25 prize with **Colin R.,** who paid half of David's \$20 entrance fee.
- 4) **JUNIORS:** **Stefan B.** (UC junior) reprised and lengthened



his JJ10 “hippie” routine to make the Juniors finals for the second straight year. **Ben H.** (UC senior) entered Juniors as the preliminary judges’ favorite—a bit of pressure, but Ben still pulled off a bronze medal performance.

5) **INDIVIDUALS:** **Billy Watson** was the first Jughead alum to compete in the Individuals Stage Championships. He earned silver, just behind **Vova Galchenko** from Penza, Russia. As with Ben in Juniors, Billy was the only American to earn a medal in Individuals! Billy also won The People’s Choice Award.

6) **EXTREME JUGGLING:** **Ben H.** won with 5 Rings.

7) **NUMBERS:** **Stefan B. & Ben H.** earned gold in ball passing (out-juggling the world record holders) and silver in club passing (getting a long run with 10 club passing). Stefan also won silver in solo club juggling, getting a long run with 6 clubs.

8) **GAMES:** **Ben H.** won endurance with 5 balls, 7 balls, and juggling under a balance; **Stefan B.** won individual club combat, quarter juggling, and 3rd in 3 club open; **Ben & Stefan** won 6 club speed passing and endurance with both 8 & 9 club passing; **Jonny L.** and **Ricky H.** were among the finalists in “3 Ball Simon Says,” “Club Balance Simon Says,” and club gathering. **Jonny** also organized team combat, a game where the Jugheads consistently compete with the best.

aide our growth, but JH is greater than the sum of our awards.)

Regarding #7, Scott served four years as a club Assistant before coaching three days a week after H.S. graduation. Now, Billy Watson and Jon O’Connor join Scott as weekly Coaches. In addition to this expanding coaching staff, 15 Jugheads are committed as weekly Assistants, earning tuition for their own juggling day and providing youth mentorship on more of a peer level.

How can I sustain a juggling company of 146 youth? First of all, I *can’t* sustain it, but God can and does. Secondly, I lean every day on the Coaches and Assistants to not only continue to build on our past successes but to multiply the very vision and mission with which I founded JH through a childcare setting more than 14 years ago. To top it all off, we have a rental agreement with Wooddale Church for at least one year. Our strength assessment? We have the space, the leadership, and the sheer “youth power” (numbers and commitment) to give us confidence in dedicating another fruitful year to developing youth through juggling.



Paul’s Platform:

“Strength in Numbers: Leadership”

Parents and Jugheads who’ve been around for a few years know some of the struggles I’ve experienced running JH. (Archives of “Paul’s Platform” online offer a glimpse of my leadership ups & downs.) However, God has provided a series of means by which my confidence has grown regarding the longevity and strength of our company. For review, the Top Seven List of revolutionary events or trends which have buoyed this company (chronologically) are: 1) Wendy supporting my efforts to make JH my full-time endeavor beginning in 1998; 2) parents spearheading our successful transition from Wise Guys to Youth Development in 1999; 3) a surprising surge of a new level of grassroots parent involvement in 2000-’01; 4) UC Guest Instructor Dextre Tripp’s service from 2001-’05; 5) Wendy leaving the corporate world to more fully manage our home—and Home Office—in 2004; 6) moving JH to Colony Park Church in 2005; and 7) hiring Scott Richter, my first weekly right-hand coach, in 2007. (Aside: IJA accolades certainly

Paul Arneberg, JUGHEADS Director & Head Coach
cell: 612.978.9707 • email: paularneberg@comcast.net

Wendy Arneberg, JUGHEADS Operations Manager
cell: 612.229.3348 • email: wendyarneberg@comcast.net

Home Office: 952.926.0896 • jugheads@comcast.net

(Contact Wendy to be added to the JUGHEADS email list for all the latest news.)

JUGHEADS Mailing Address (Home Office):

5905 Concord Avenue, Edina, MN 55424

JUGHEADS Clubs and Camps Physical Location:

Wooddale—Edina 5532 Wooddale Ave., Edina, MN 55424

Online Registration www.jugheads.com/clubs.htm

General Information www.jugheads.com