

JUGHEADS

JOURNAL

Monthly news of JUGHEADS Youth Juggling Company, LLC • Edina, Minnesota • December 2008

Perennial Waiting Lists

Demand=improvement for all Jugheads

Other than a couple of ads placed through Edina Community Ed. and The Blake School catalogues a couple of years ago, JH continues to grow exclusively through word-of-mouth. No single factor can explain the growing demand for new youth to join JH, but the higher numbers have brought more focus for the membership body. While we have 10 kids on the waiting list between the Monday & Thursday Rec. Clubs, most members at every level *focus* and *progress* their skills & friendships at a steady rate each week. However, attendance issues and lack of motivation among a small number of Jugheads indicate that some may no longer have the time or the will to be involved on a weekly basis all school year. As you consider winter registration (enclosed with this newsletter), please talk with your Jughead(s) as to whether they want to: a) continue strong; b) perhaps move to punchcard status (with no Juggle Jam privileges); or c) gracefully move on to other commitments. Thanks!

Winter '09 Tuition Due

Register now for Jan. 5-March 27

The JH club tuition payment plan correlates to seasons: Sept.-Dec.; Jan.-March; April-June. If you register by check by Monday, Dec. 15, you may reduce your tuition by \$20 per Jughead, per club. **Jugheads may not attend their respective winter club(s) until they re-register.** Below is a guide to each club code and cost. You may sign up via the enclosed form (mail it to our home office or drop it off in our gym office), or **online**. Make checks out to **JUGHEADS, LLC**.

CLUB	CODE	COST
Monday Rec.	09WNTR-MON	\$175*
Elite Club	09WNTR-ELITE	\$210
Advanced Club	09WNTR-ADV	\$210
Ultimate Club	09WNTR-ULTI	\$240
Thursday Rec.	09WNTR-THURS	\$210
Friday Club	09WNTR-FRI	\$195**

*Monday Rec. **WILL** meet on 1/26, an Edina release day for gr. 6-12. Monday Rec. will **NOT** meet on 1/19 and 2/16.

Friday Club **WILL meet on 3/6, an Edina release day for grades K-5. Friday Club will **NOT** meet on 2/13.



CLUB SPOTLIGHT: Elite Club

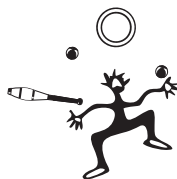
“Ultimate Club 2” has much talent

By any measurement, Elite Club is stronger than ever! There are 12 IJA medals in Teams & Juniors among the four Assistants and two coaches, and the allowance for the club to grow from 25 to 32 has been met with higher expectations for progress, both leader-imposed and member-imposed. Senior Assistant **Brett K.** experiments with new forms of physically grueling and mentally challenging group warm-ups with 3 clubs, and Coach **Scott Richter** and Officer **Colin R.** are looking forward to spearheading creative ideas for their JJ11 theme, “Boy Bands.” Both a springboard into and an accompanying club for Ultimate Club, Elite stands alone as the place to be for the most serious jugglers in our after school line-up of juggling clubs.



In October, Elite Club held a 5-Ball Endurance Contest. Senior **Ben H.** set an all-time JH record with 31:05 with 5 balls (about 8,700 catches); soph. **Jack L.** set the 2nd all-time mark with 16:05 (about 4,500 catches).

Elite Jugheads are: 6th grader **Reid J.**; 7th graders **Daniel B., Jonah F., Nick H.** and **Evan P.**; 8th graders **Rory B., Grace B., Tom G., Ryan G.** and **David K.**; freshmen **Maggie A., Michael B., Alex K.** and **Danielle S.***; sophomores **Alex B., Sean C., Ian F., Broderick K., Colin K., Jonny L., Danny L., Jack L., Chris L., Mara M., Joey S.**** and **Brenden Y.****; junior **Silas W.**; seniors **Ben H., Christine J., Colin R., Hanna S.,** and **David U.***; Assistants **Brett K., Nate M., Amanda R.*** and **Andrew S.** (November-March only); and Coaches **Paul Arneberg** and **Scott Richter.** *JH Officer. **Honorary JH Officer.



IJA Fest in Winston-Salem

14th inter-state team of IJA Jugheads

THE 62nd ANNUAL IJA FESTIVAL will take place July 13-19, 2009 in Winston-Salem, NC. It's the 14th straight year that a contingent of Ultimate-level Jugheads will travel and participate as a group. Space permitting, JH Assistants or other 7th-12th grade non-Ultimate Jugheads who exhibit exemplary behavior and work ethic may be eligible to join us. A choice of two mandatory info. meetings will be held 1/29 and 2/3 at 6 p.m. in South Hall (our club snack area) for any Jughead considering traveling with us (one parent must also attend the meeting). The IJA Festival is a peak experience for many seriously committed Jugheads, representing both an achievement from years of effort and an opportunity for more success in and through juggling.

JUGHEADS Community News

- **UPDATED CLUB STANDARDS** are now posted on our Web site. Boredom is no excuse with so many objective standards set out for the kids' development and advancement!
- **THE ALL-JUGHEADS HOLIDAY PARTY** is on Friday, December 12 at **Wooddale Church—Eden Prairie**. Cost is \$10 plus food to share. Please register by Dec. 11.
- **Next Officer Meeting:** 12/13/08, 9-Noon at Hestnesses'.
- **Ultimate/Elite MadFest forms** are due 12/18/08.
- **WINTER MEGA ALL-DAY CAMPS** are from 9-5 pm on 1/19, 1/26, and 2/13. Cost: \$55 w/lunch. Mega Camps also offer half-day options w/o lunch. Register online or at JH.
- **MONDO 2009** (a regional juggling & unicycling festival held at Concordia University in St. Paul) will take place February 20-22. Options to attend with our group are Friday night (Ultimates only) and Saturday (up to 50 Jugheads of all levels).
- **THE EYJA-SPONSORED WINTER SHOWCASE** is a free show offered to the public featuring polished JH acts of all levels. Date TBA, but we're shooting for Friday, 3/20 at South View.
- **JUGGLE JAM 11 (for all Jugheads): May 15-16** with all-cast dress rehearsals on Thurs., **May 5** & Wed., **May 13** from 6-9 p.m. at **Hopkins High School**. Mark the dates!

Paul's Platform

"Balancing Rosters & Expectations"



One of my true pleasures of seeing such a numerical surge in our club rosters this year is that such growth has been accompanied, and perhaps precipitated, by quality improvements in our company. After snack time, every day for all six weekly clubs begins with group warm-ups lasting about 10-20 minutes.

Our standard levels, ranging from year-end standards for Monday Rec. to our all-new Super-Ultimate Standards for our top-level Jugheads, have kids rushing to our gym office door dozens of times each day to see how their personal records stack up. Our weaning off of our former "pop & candy" snack tradition last year brought surprisingly few complaints from the kids, and although we still offer sports drinks, chocolate, and other "questionable" foods, more and more Jugheads are making better nutritional choices to supplement their athletic goals as jugglers. Our free times in certain clubs still feature kids who enjoy long sessions of chatting over snack as well as games of basketball "lightning" and other general recreation, but our goal sheets filled out by nearly half the company (required for all except for Monday & Thursday Rec.) have given the kids a tangible way to track progress and be held accountable to a relatively steady stream of accomplishments.

Now that we're entering the season of concerted efforts to choreograph and rehearse group routines for Juggle Jam 11 (in addition to solo & small ensemble routines for the Winter Showcase in March), the emphasis will shift from achieving standards to working on skills to be performed in March and May. However, whether endeavoring to move from the Rec. level to the Advanced level or polishing a juggling solo or passing pattern, juggling skills are the natural outward evidence of time well-invested in JUGHEADS. While I stick by my 15-year old company principle that *personal character development* (including *social development*) is equally important to a youth's juggling progress here, nearly every Jughead who is devoted to juggling improvement also develops stronger character & friendships. So, as we look to 2009—and with it our winter juggling session, two big shows, and clubs filled to capacity—please encourage your kids to get the most out of their year (and years) here, balancing their reasons for membership and looking to improve both as jugglers and as young people in and through this unique setting.

Paul Arneberg, JUGHEADS Director & Head Coach
cell: 612.978.9707 • email: paularneberg@comcast.net

Wendy Arneberg, JUGHEADS Operations Manager
cell: 612.229.3348 • email: wendyarneberg@comcast.net

Home Office: 952.926.0896 • jugheads@comcast.net

(Contact Wendy to be added to the JUGHEADS email list for all the latest news.)

JUGHEADS Mailing Address (Home Office):

5905 Concord Avenue, Edina, MN 55424

JUGHEADS Clubs and Camps Physical Location:

Wooddale—Edina 5532 Wooddale Ave., Edina, MN 55424

Online Registration www.jugheads.com/clubs.htm

General Information www.jugheads.com