

JUGHEADS

JOURNAL

Monthly news of JUGHEADS Youth Juggling Company, LLC • Edina, Minnesota • October 2011

Student Assistants: Key Leaders

Eight teens earn & learn while they serve

We have a longstanding tradition of high school-aged veterans devoted to helping younger and/or less-skilled Jugheads, providing the latter a range of coaching skills while the former receive valuable life & leadership lessons. Acting as employees, Assistants take their jobs seriously, earning tuition for another club day. The majority of our eight (8) Assistants and seven (7) Volunteers (see below) attended a day retreat last month to train and brainstorm for the year and the future, and many will attend Saturday morning Officer meetings. Here are the Assistants for 2011-'12, including grade, JH year, and current member-clubs:

MONDAY REC.— **Rory B.*+:** Junior, 9th JH year, Ultimate (U.C.) & Elite; **Danny G.*+:** Soph., 5th year, U.C. & Elite; **Danielle S.:** Senior, 10th year; Elite.

ADVANCED— **Conor H.*+:** Soph., 5th year, U.C. & Elite; **Evan P.*+:** Soph., 8th year, U.C. & Elite.

THURSDAY REC.— **Nick H.:** Soph., 6th year, U.C. & Elite.

FRIDAY REC.— **Hannah B.:** Junior, 4th year, U.C. & Elite; **Sydney P.:** Soph., 4th year, U.C. & Elite.

*Earned EHS juggling letter in '10-'11.

+Earned IJA Teams bronze medal in '11.

Student Volunteers

Leaders-in-Training

The historical interest in the Student Assistant role led to the creation of the position of Student Volunteer. The intern-like Volunteers don't bear the same high expectations placed on the employee-like Assistants, but they are still expected to commit to regular attendance, perform menial tasks, and regularly interact with the kids, acting as specialists with kids needing extra care and attention. Our 2nd wave of school year Volunteers are:

MONDAY REC.— **Megan H.** (8th grader, 4th year); **Riga Moettus** (8th grader; 6th year).

ADVANCED— **Lauren S.** (Senior, 9th year).

THURSDAY REC.— **Reid J.** (Freshman, 6th year); **Sam K.** (Freshman, 2nd year).

FRIDAY REC.— **Erica L.** (Soph., 3rd year); **Forrest M.** (Freshman, 6th year).

Traffic, Transitions, Names & Nutrition

Key Notes for 1st Year Families

1. Please use the parking lot and SW entrance to the church for all Jughead foot traffic; avoid vehicle use of 56th Street.
2. Parents are welcome to arrive early to observe club activities and/or use the cozy main lobby area to work or read.
3. Please learn the names of all coaches, assistants and volunteers for the day(s) your children attend. Just as Paul expects all staff & student leaders to learn and use the kids' and parents' names, the kids (and ideally, the parents) should learn and use the coaches' and assistants' names.
4. Each Jughead may have three (3) snack/beverage items per club day, only one of which may be "unhealthy." Filtered fountains offer tasty hydration. Snack closes after meetings.

Director's Nutrition Note: Wendy & I are big on

nutrition, but providing fresh produce and unprocessed foods is logistically infeasible in the context of JH. While we do offer "unhealthy" choices, we always have whole grain options such as Clif Bars and Sun Chips, plus string cheese, nuts, 100% juices, and low- or no-calorie drinks such as Propel. I believe we have a compromised balance between healthy options and exceptional vices within the constraints of our storage, preparation, and budget limitations. I'm open to suggestions about our snack selection, esp. for kids with special dietary concerns. —Paul Arneberg



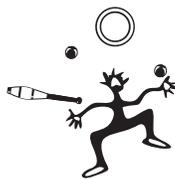
A group of Ultimate, Advanced, and Rec. Jugheads performed at the Lake Harriet Bandshell on September 25 for The Vision Walk.

Fall & Winter Juggling Camps

School release days=an ideal skills boost

Half-day juggling camps for all skill levels are offered 9-Noon and 1-4 pm on **Oct. 20-21** and **Nov. 21-23**. Mega All-Day Camps will be held from 9-5 pm on **Jan. 16 & 30** and **Mar. 9** with half-day options from 9-12:30 or 1:30-5. Any half-day camp is open to *all* levels of Jugheads, but mornings are *tailored* to Rec.-level kids/beginners. Register for camps online or via the blue form with your Sept. newsletter (extras in our office).





CLUB SPOTLIGHT: Monday Rec. Club

Student Leadership comes full circle

Monday Rec. is the “newest” club in our weekly roster. Founded in Fall 2001 as a third Rec. Club, this club displaced Ultimate Club (formerly held after school on Mondays) in answer to a growing number of elementary-aged students wanting to join at the Rec. level. All five of this year’s student leaders got their start on Mondays, from **Danielle, Rory & Riga** each joining in 3rd grade to **Danny & Megan** joining in 6th and 5th grades, respectively. Even **Coach Scott Richter** (who subs for Paul occasionally) started here as a rare 8th grade rookie. Such a club history among our leadership makes it that much more special that those who grew up juggling on Mondays now devote themselves to training and mentoring a new crop of young Jugheads, whether rookies or those in their 3rd member year. As always, Jugheads on Mondays are challenged to focus and set goals while being accepted and loved regardless of skill level.

JUGHEADS Community News

- **WELCOME to new Jugheads! A.J. J. and Marty P.**, Monday Rec. 4th graders; **Luke Anderson**, Thursday Rec. 6th grader (during his family’s furlough from Spain!).
- **New Age Standards:** Effective Fall 2012, Elite Club will begin in 8th grade and Ultimate Club will begin in 9th grade. This is due to these clubs quickly filling with upperclassmen. (The minimum age for Advanced Club will remain 6th grade.)
- **“JINGLE JAM”:** **Sat., Dec. 10, 5:30-8:30 p.m.** at Calvary Church (France & 53rd). This annual party will feature food & fun for all current Jugheads. Look for a flyer in Nov.
- **JUGGLE JAM 14 (JJ14)** dates have been set since last May: Friday & Saturday, May 18-19, 2012, with all-company dress rehearsals **May 8 & 16** from 6-9 p.m. Mark your calendars! **NOTE:** All member Jugheads are invited to perform in JJ14. More details will be outlined in our winter newsletters.
- **NEXT OFFICER MEETING:** 10/15, 9 a.m. @ Husseys’.

Paul’s Platform:

“The Ministry of Being There”

I don’t have a Facebook page. Yes, I know that the social pressures of getting one may someday get to me, as all four of my *older* (!) siblings now have one along with most of my 27 nieces & nephews and nearly every teenage and young adult Jughead past and present. However, one of my stubborn hold-outs to being more savvy with social media is that for better or for worse, the nature of my youth work is that of being *present*—that is, more or less “all in” socially when I’m in someone’s physical presence. Of course, I always find tasks to fill my time in any setting (such as working in the gym office), but what I lack in staying connected via Facebook, Twitter, Linked In, and better promptness in responding to email, I try to make up for in terms of a face-to-face ministry of interpersonal communication.

I’m not saying that I have the moral high ground of how I interact with people; I’m just saying that the way JH is run—with dozens of people gathered for kinetic and highly social activities for three or more concentrated hours on a daily basis—causes me to *not* crave staying connected in cyberspace since I invest much time staying connected in “humanspace.” That’s part of why I make a big deal out of learning and using names at JH while asking the kids to avoid using electronics. Our modern lives are often isolated enough; real-life, human-to-human contact is what sets JH apart from social media.

So, while someday I may have the energy to dive in and get a Facebook (and discern how many hundreds of “friends” I should accept), I’ll meanwhile focus my social energy on the mutual blessing of live, interpersonal human contact.

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Web Site (info. & online registration): www.jugheads.com

JUGHEADS Club/Camps Physical Location: Wooddale Church—Edina • 5532 Wooddale Ave., Edina, MN 55424