

Monthly news of JUGHEADS Youth Juggling Company, LLC • Edina, Minnesota • February 2013

EYJA Showcase: 3/15 at SVMS

Acts must perform for a Coach by 3/1

The 8th annual EYJA Winter Juggling Showcase is Friday, March 15 at 7:30 pm at **South View Middle School** in Edina. This 90-minute show is free and open to the public. The Feb. 1 deadline for expressing interest in performing has passed; nearly 30 acts have signed up, and now each act must preview their routine for a coach by March 1. (Only acts with too little choreography/polish potentially may not perform.) The cast and order will be set early in March. It's a fun event for the whole family!

JJ15 Photos, Tickets & Volunteers

Key dates: Feb. 11-15 pix; April 8 online tix

- Our annual Slide Show takes place near the end of each Juggle Jam. Wendy Arneberg and parent Diane Schroeder will take photos of each individual Jughead (as well as a group shot and a few candids) on Feb. 11-15 during our clubs (except Ultimate). Each Jughead should choose what to wear, how to pose, and what prop(s) to hold (if any). These photos will be presented to each family at the end of JJ15. Those who can't make it to their registered after school club Feb. 11-15 should email Wendy and try to attend a different club day to take his/her photo. Wendy will also offer make-up photo days later in February.
- All tickets for Juggle Jam 15 (May 17 & 18) this year will be reserved seating and sold online. Note: This is a change from previous years as no general seating tickets will be pre-sold. There will be two different pricing tiers. Best seats: \$15 Adults, \$10 Students. All other seats: \$12 Adults, \$8 Students. Tickets will be sold via a link on jugheads.com beginning April 8 (the first Monday of our spring session). Tickets not sold online will be sold at the door on each night of JJ15.
- Look for a sheet in March detailing JJ15 volunteer opportunities (e.g., pre-production, rehearsals, show nights).

Recent EYJA Initiatives

Props, Lawn Signs & Scholarships

The Edina Youth Juggling Association has been in existence since 2005, and its sole purpose is to promote youth juggling in Edina and in the surrounding communities. In addition to their Showcase which is now in its 8th year, here

are three recent initiatives created by the EYJA:

- 1. **Balls & Rings:** The EYJA purchased 35 new 2.75" white ultra-leather balls from Sport Juggling Co. complete with the EYJA logo embroidered on each ball. These balls will be used for Juggle Jams as well as for coach-approved instructional gigs and/ or charity performances by our students. Also, the EYJA purchased 30 hot pink 1/2" juggling rings from Renegade.
- 2. **Lawn Signs:** Inspired by the widespread popularity of "Edina Football (or any of a number of other activities) Lives Here," Wendy came up with a slogan and a design for "Youth Juggling Caught Here." Each sign sports the EYJA logo and the JH Web address, and 100 were printed for any and all JH families to place in their yards once the snow melts. It's a fun way to let others know that you're a juggling family!
- 3. **Senior Scholarship(s):** Board member **Rich Lovdal** has spearheaded an EYJA vision to create an annual senior scholarship awarded to one or two juggling students in recognition of outstanding leadership, service, and/or excellence demonstrated in and through the art & sport of juggling. The \$500 scholarship(s) will be put toward post-secondary education or training. This year's scholarship will be announced at the Showcase on March 15, whereas future senior scholarships will likely be announced at the annual Ultimate Club Banquet in October for a student (or two) at the beginning of their senior year.

The EYJA directly and indirectly supports many youth in juggling, and we're grateful as a company for collectively benefitting from the service of the board, funds from donors, and ideas to keep youth juggling fresh, exciting, and always *developing*.

2013 Summer Camp Preview

Registration, coaching, assisting

Summer camps are the birthplace of JH, and we're entering our **20th year** as an ideal place for local and regional youth to learn and immerse in juggling! With *many* summer activity choices, we're glad that many kids (esp. Jugheads) prioritize our camps. Consider these points as summer reg. opens on **March 18:**

- 1. Summer juggling camps will be held from June 7-July 12. A **full week of mornings** is recommended for all first-time campers; most Jugheads choose **punchcards** for flexibility.
 - 2. We offer coupons to encourage registering by late May.
 - 3. **Paul Arneberg and Scott Richter** will be the primary coaches, with **Kelvin Ying** working for IJA Training Camp.
 - 4. There are limited positions for Assistants. Qualified students should request an application and turn it in by **3/28**.





CLUB SPOTLIGHT: Elite Club

Self-direction=maximum student input

The atmosphere of Elite is a far cry from any of the Rec. Clubs, chiefly due to the age & ability level. The average Elite member listed below is in grade "10.62," and all earned the considerably tough standards for entry. (Have you considered how hard it is to achieve 50 catches with five balls or master 7 club passing?) Another major difference is the lack of student Assistants. Paul learned a few years ago that the best structure for Elite is to keep things as loosely structured as possible in order to maximize the kids' time for creativity and self-directed focus. Even so, senior **Tom G.** really stepped up this year and created a new Captain role for Elite. Tom leads weekly warm-ups, occasional workshops, and generally sets the tone for creativity and work ethic as a leader-member. Meanwhile, our current staff of three coaches serve in various roles, from long conversations to referees for contests to guides for our II15 routine: "Dance Styles Around the World."

JUGHEADS Community News

- Welcome to four (4) new Jugheads who joined last month!
 Nick G. (junior) in Advanced; Grace G. (5th) in Friday; Mike G. (senior) in Advanced; and Elisabeth "Lisa" L. (soph., and Paul's niece!) in Thursday.
- Reminder: No Monday Rec. or camp on <u>2/18</u> (Presidents' Day). Also, no Elite Club on <u>2/19</u> (Edina Schools release day).
- Mega All-Day Juggling Camp: Tuesday, <u>2/19</u>, 9am-5pm. Half-day option. This camp (along with <u>3/8</u>) is ideal for EYJA Showcase prep. Sign up by <u>2/18</u> for an accurate lunch count.
- **No Officer Meeting** this month (originally scheduled for 2/9).
- IJA Festival down payments (\$195) are due by Thurs., Feb. 28.
- MONDO XXIV is Feb. 15-17. Coaches Paul & Scott are leading 19 kids (so far) on Feb. 16; more may sign up by Feb. 15.
- JUGGLE JAM 15 Shows: May 17 & 18; Dress Rehearsals: May 9 & 15. Auditions for specialty acts (solos/ensembles independent of club routines): April 16. Prospective JJ acts must perform in the EYJA Showcase and fill out an app. by March 28.
- The Arnebergs are preparing for major heart surgery for Wendy at the Mayo Clinic—hopefully next month! We go to Rochester for tests & consultation Feb. 20-21; once the surgery is set, we'll both need to pull back on several duties for a time of recovery. More details below and in follow-up email.

Paul's Platform: "Mending Wendy's Heart"

No, this isn't a metaphor for Wendy's emotions. :-) Wendy literally needs surgery for a "broken" heart! She and two of her three siblings inherited mitral valve prolapse (MVP) from their dad, **Conrad De-Groot**, who tragically drowned in 1970 at age 36 due to fainting in a hot spring while teaching his son to swim. So while Wendy's weak valve was discovered when she was one year old, the medical strategy has been to avoid surgery for as long as possible. (MVP means that Wendy's valve doesn't close all the way with every heart beat, causing her heart to pump less efficiently. If left uncorrected for too long, her heart could have permanent damage.) After years of receiving annual echocardiograms, **Dr. Eric Ernst** of U of M Physicians via Fairview Southdale has told us that surgery shouldn't just happen this year...it should happen this winter!

This column lacks my usual efforts at inspirational insights into youth juggling. However, consider this a warm-up toward a future column (or two) regarding how our bodies are "fearfully and wonderfully made" (Psalm 139:14) and that every heartbeat is a gift. Our nervousness for this surgery is eclipsed by our gratitude for her healthy life up to this point and our hope of full restoration. Would you join us in praying for wisdom and skill for her doctors and for patience and recovery for us so that we'll have many more years together of faithful service to our God, family, company, and community? We're resting in our Great Physician!

Dependent on God for Every Heartbeat Since 1968,



Paul Arneberg, JUGHEADS Founder, Director & Head Coach cell: 612.978.9707 • coachpaul@jugheads.com

Wendy Arneberg, JUGHEADS Office/Operations Manager cell: 612.229.3348 • wendy@jugheads.com

U.S. Mail: 5905 Concord Ave., Edina, MN 55424 • Web: jugheads.com
JUGHEADS Location: Wooddale Church, 5532 Wooddale Ave., Edina 55424

Coach Scott Richter, Monday Rec., Thursday Rec., Advanced, Elite Club cell: 952.797.3671 • coachscott@jugheads.com

Coach Kelvin Ying, Friday Rec., Elite, Ultimate Club cell: 612.250.0173 • coachkelvin@jugheads.com

Coach Stef an Brancel, Thursday Rec. Club; Ultimate Club Volunteer/Sub cell: 651.890.2938 • coachstefan@jugheads.com

Coach Jon O'Connor, Ultimate Club · coachjon@jugheads.com