

# JUGHEADS

JOURNAL

Monthly news of JUGHEADS Youth Juggling Company, LLC • Edina, Minnesota • December 2014

## Winter '15 Tuition Due

Register now (or soon!) for Jan. 5-March 27

The JH club tuition payment plan correlates to seasons: Fall, Winter, Spring. If you register by check postmarked by Tues., Dec. 16, you may reduce your winter tuition by \$20 per Jughead, per club. **Jugheads may not attend their winter club(s) until they re-register.** Below is a guide to each club code and cost. You may sign up via the **enclosed form** or **online** (without the discount). Make checks out to JUGHEADS, LLC.

CLUB	CODE	COST
Monday Rec.	15WNTR-MON	\$220*
Elite Club	15WNTR-ELITE	\$220*
Advanced Club	15WNTR-ADV	\$265
Thursday Rec.	15WNTR-THURS	\$265
Ultimate Club	15WNTR-ULTI	\$325
Friday Rec.	15WNTR-FRI	\$245*

\*Monday Rec. will NOT meet on 1/19 or 2/16; Elite Club will NOT meet on 1/20 or 2/17; Friday Rec. will NOT meet on 3/6. Mega Camps (featuring Coach Stefan) are offered on Jan. 19 & 20.

## IN MEMORIAM: Marsha Landgraf Smith



by Paul Arneberg

Mrs. Smith was a high school teacher whose tenure at Ramsey/Roseville touched all five Arneberg siblings from '71-'87. I credit Mrs. Smith as my most significant high school teacher/director/mentor; she helped me grieve my mom's death, and through eight consecutive theatre productions and several classes, she equipped me with countless academic, performing, and life skills that have directly benefited my career with youth and directing juggling variety shows. Even her passion for film influenced our home theatre, ArneStar, wherein Wendy & I regularly practice hospitality. The most fitting tribute is that while I had been bound for a radio career, Mrs. Smith's nudge toward teaching proved prophetic, and I have followed in her footsteps by creating a unique niche in education through the arts.

Life is short. Just like I lose touch with innumerable Jugheads with whom I was formerly close, I'd not spoken with Mrs. Smith for many years (although she sang one of my solos at my wedding reception!). However, reflecting on her influence is another reminder that good mentors need not be contiguous from one's childhood through adulthood; investments by such poignant adults continue to pay life-long dividends long after their direct impact on adolescents



is complete. Along with fellow theatre director **Dann Peterson**, Marsha was like family to me, and her impact cannot be fully measured. Marsha died of ovarian cancer on 11/6/14. I'm grateful for her life that changed many lives like mine, and I want our JH family to know that Marsha shaped me into who I am, and therefore, she helped to shape this company as well.

*Marsha Landgraf Smith: 1949-2014—Drama, Speech & Film Teacher and Theatre Director at Ramsey/RAHS, 1971-2007.*

## IJA Fest '15 in Quebec City, Quebec

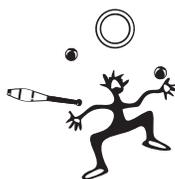
European flavor for 20th Annual Trip

The 68th IJA Festival will take place July 19-26, 2015 in Quebec City, Quebec. It's our 20th annual team adventure, and Quebec City will be very close to experiencing a European city. This trip is open to Ultimate Club, student leaders, and Elite & Advanced Jugheads who exhibit *exemplary behavior and work ethic*. A choice of two mandatory 45-min. info. meetings will be held Thurs., 2/5 and Tues., 2/10 at 6 pm in our snack area for any Jughead considering attending IJA with us (one parent must attend).

## CLUB SPOTLIGHT: Thursday Rec. Club

Exciting club exceeds expectations

The "extreme makeover" of Thursday Rec. continues in its 2nd year, making this the premier entry-level club with across-the-board enthusiasm and progress well beyond the club's young average ages. Rookies **Sophia, Gabby, Phoebe & Aaron** all recently qualified three balls for the first time (after months of efforts), and the club's average record with 4 balls (46.36) and 3 clubs (91.18) were boosted by fall endurance contests, proving that Thursday Rec. has a lot of focus despite it being the youngest JH club. Formerly all middle school boys year to year, Thursdays now feature 50% girls and mostly elementary-aged kids, which was a boon for JJ16's "Rudolph" routine and influenced the decision for this year's JJ17 routine: "Annie" (with Friday Rec.!).



## JH Community News

- **The 2013-'14 JH YEARBOOK** is now available! Look for an email or search on **blurb.com**. This 6th annual creation of **Wendy** is thanks in large part to **Diane Schroeder** for taking *hundreds* of candid, esp. from JJ16!
- **JINGLE JAM** is 12/6, 5:30-9:30 pm at **Calvary Church**. Cost: \$10 + pot-luck item. Register by 12/4 via our website.
- **Success Beyond the Classroom:** Several Jugheads, three coach-grads, and Paul will perform for more than 500 3rd & 4th graders and teach several workshops on **Jan. 13 & 14** at the **Ted Mann Concert Hall**. If your Jughead is interested (and may miss school), request info. and commit by 12/12.
- **The 10th annual EDINA JUGGLING SHOWCASE** is a free public show featuring polished youth acts of *all* levels. We're planning on 3/20/15 at SVMS in Edina. Interested performers should consult with **Paul** by Jan. 30 and preview their act for **Student Director Reid J.** by Feb 27. Work on your acts *now* to be best prepared & polished!
- **JJ17 Brainstorming:** Club routine themes have been chosen (see Winter Reg. form); now come characters & choreography! Starting this month, we'll progressively devote time to brainstorming & rehearsing for JJ17. (Remember key dates: shows on May 15-16; all-cast dress reh. on May 6 & 12.)
- **MADFEST forms** (U.C./Elite) are due Thurs., 12/18/14.
- **Winter 2015 MEGA CAMPS** led by **Coach Stefan Brancel:** Jan. 19 & 20, 9-5 pm. Cost: \$65 w/lunch. Half-days: 9-12:30/1:30-5 w/o lunch, \$30. Register online or at JH. (There will be no camps or clubs on 2/16-17 or 3/6.)
- **MONDO FEST '15** will be Jan. 30-Feb. 1 in St. Paul. We'll organize a big group for 1/31. Watch for reg. forms at club.
- **SUMMER CAMPS 2015** will be offered from June 1-July 17. Reg. info. in March; the leadership team will be set by April 4.
- **Next Officer Meeting:** 12/6/14, 9-Noon at McCoys'.
- **Collector/Gift DVDs:** *Juggle Jam 6-16*=\$25 ea./2 for \$40.
- **CONGRATS** to 3 Club Endurance champs **Adam K.** (Thur.), **Nathan D.** (Mon.), **Evan C.** (Fri), **Joe D. & Grant D.** shared top honors w/4 Rings (Adv.); **Reid J.** won 5 Rings (Elite) and 5 Clubs (UC)!



## Paul's Platform: "The Social Benefits of JUGHEADS Membership, Part 1"

Having touched on the body & brain boons of juggling, I'll wrap up this fall series with the social benefits of Jughead membership. This vast topic warrants two parts: our co-ed age range & special events; then Juggle Jam & leadership development next month.

Compared with the more tangible benefits of athletics & academics, the social benefits of being a Jughead member are intangible—but arguably far more lasting. Consider: in what other setting can both boys and girls in a 10-year age range work (and/or serve) side-by-side in a structured, shared activity that is both adult-led and student-led, and invites maximum member input? Smaller schools/church youth groups have some age crossover, and some sports or productions can be team-led, but ours is a unique combination of demographics through a shared (and unique) culture with common technical and performance goals.

When I started out coaching through the Wise Guys childcare program, the jugglers had a special identity because their skills at our weekly club were carried over to free time, overnights, and gigs. As we developed, spun off, and expanded to 12th grade, the company's social culture took on a life of its own. For instance, girls and women represent a small minority of jugglers worldwide, but we've enjoyed a vibrant percentage of girls in our history, including many serving as student leaders, captains, award-winners, and grads. Beyond a mere bragging right, our balanced co-ed culture makes for a more enriching environment and a place for healthy, platonic friendships. Theatre & music groups do offer such co-ed experiences, but usually only for a season (such as a play) and in a limited age range (e.g., two to four years).

All of our special events were grassroots from the start. In 1995, I took just two kids to MONDO. In 1996, our first IJA Team had 13 kids in 5th-7th grade, and Jingle Jam was a multi-night, club-specific event in the Arneberg home with 10-30 kids at a time. To this day, special events allow for joyful gatherings that transcend the setting of each weekly club, and Jingle Jam and our festival trips are among many Jugheads' most cherished experiences in all of childhood, let alone in their juggling-specific identities.

Whether in snack-time conversations, playing dodge ball at Jingle Jam, or attending a winter festival with us, may the Jugheads treasure their social connections here and know that being a Jughead—and a Jughead parent or coach—is a blessing from above (James 1:17).

**Paul Arneberg**, JUGHEADS Founder, Director & Head Coach  
cell: 612.978.9707 • coachpaul@jugheads.com

**Wendy Arneberg**, JUGHEADS Office/Operations Manager  
cell: 612.229.3348 • wendy@jugheads.com

**U.S. Mail:** 5905 Concord Ave., Edina, MN 55424 • **Web:** jugheads.com

**JUGHEADS Location:** Wooddale Church, 5532 Wooddale Ave., Edina 55424

**Coach Stefan Brancel**, Elite and Advanced Club Coach + Jan. Mega Camps  
cell: 651.890.2938 • coachstefan@jugheads.com

**Coach Chris Lovdal**, Ultimate Club Coach + 2nd Semester Elite  
cell: 612.723.2874 • coachchris@jugheads.com

**Coach Jon O'Connor**, Ultimate Club Coach and Specialty Act Consultant  
cell: 612.839.2572 • coachjon@jugheads.com