



# JUGHEADS

J O U R N A L

Monthly news of JUGHEADS Youth Juggling Company, LLC • Edina, Minnesota • October 2015

## '15-'16 Student Leadership Team (SLT)

Assistants, Volunteers, Captains help all clubs

Intra-Jughead mentorship among our 10- (or 11-) year age range has long been one of the most valuable assets of JUGHEADS (JH). Our SLT itself has been developed over the years, from two Captains in our 1995 spring show to two after school Assistants by 1999 to now a vital group of 17 leaders who truly take ownership for many aspects of the company. SLT members connect with younger Jugheads and peers alike while gaining valuable experience as “#1 Workers” and life mentors who learn to give of themselves even if having a bad day. SLT names are listed below for parents to memorize, use and honor for the good work they do in their respective clubs. Here are this year’s tuition-earning **Assistants**, including grade, JH year, and member-clubs:

spearhead the members’ vision. Elite Club: **Jacob C.\***; Ultimate Club: **Riga M.+\*** and **Cole D.\***.

+Officer in ‘14-‘15. \*Earned *varsity letter* in juggling in ‘14-‘15.

## School Release Day Juggling Camps

Fun mix of Jugheads, newcomers, and records!

Half-day JH camps are a productive and relational use of no-school days, open to all ages and abilities. Our camps are 9-Noon and 1-4 pm: **Oct. 15–16 (MEA)**; **Nov. 23–25 (Thanksgiving Week)**; plus **Jan. 18 & 25 (Mega Camps)** from 9–5 pm (w/ half-day option). *Any* camp is open to *any* Jughead, but mornings are *tailored* to Rec.-level. Register online or via our blue form.



## EYJA: 11 Years of Priceless Support

Non-profit widely enriches youth juggling

The **Edina Youth Juggling Association (EYJA)** was founded in 2005 under the **Edina Community Foundation** to promote youth juggling in Edina and its surrounding

communities. Grants include sponsorship of the Winter Showcase, Juggle Jam, summer juggling meet, guest instructors, props for performing and teaching, “Youth Juggling Caught Here!” yard signs, and a senior scholarship awarded at the Showcase each March.

Each fall, the EYJA sends out a mailing requesting tax-deductible donations to promote youth juggling in our area. JUGHEADS, LLC does *not* directly benefit from these donations, but as outlined above, the EYJA supports many activities that support our mission to develop youth through juggling. Please consider making a donation this fall! EYJA Board Members are:

**Doug Watson** (Founder & President), **Rich Lovdal** (Vice President), **Andrea Humphrey** (Secretary), **Adeena Gratzner**, **Gary Holmquist**, **Barb Johnson**, **Nikole Rutzen**, **Jeff Shlosberg**, and **Kate Stites**.

**MONDAY REC.**— **Riga M.+\***: Sr., 10th year, UC & Elite; **Andy Opp+**: Sr., 7th year, UC & Elite; **Maddie R.\***: Sr., 10th year, UC & Elite. **ADVANCED**— **Cole D.\***: Jr., 9th year, UC & Elite; **Elise J.+**: Jr., 9th year, Elite; **THURSDAY REC.**— **Steven K.\***: Jr., 6th year, UC & Elite; **Carolyn L.+**: Sr., 7th year, UC & Elite; **Erik R.:** Soph., 6th year, Elite. **FRIDAY REC.**— **Jacob C.\***: Jr., 4th year, UC & Elite; **Danny M.+**: Jr., 5th year, Elite.

The intern-like **Volunteers** don’t bear the same high expectations placed on the employee-like Assistants, but they immerse in at least a year of training before being named Assistants:

**MONDAY REC.**— **Bengt F.** (Jr., 8th year, Elite); **Eva H.** (Fr., 6th year, Elite); **ADVANCED**— **Max S.\*** (Sr., 5th year, UC & Elite). **THURSDAY**— **Peter H.** (Soph., 6th year, Adv. & Fri.). **FRIDAY**— **Mirrandra M.** (Jr., 2nd year, Elite); **Joshua N.** (Soph., 3rd year, Elite); part-time: **Laura S.\*** (Soph., 7th year, UC & Elite).

Member-**Captains** lead warm-ups, lead by example, and





## CLUB SPOTLIGHT: Thursday Rec. Club

Formerly fledgling club now most in-demand

Until 2013, Thursday Rec. was small (10-15 members) and/or almost exclusively under-focused middle school boys with low motivation to juggle. Now, Thursdays overflow with eager boys and girls spanning an eight-year age range and a surprisingly high degree of collective focus and enthusiasm to have fun through improvement. Dubbed “The Rudy Club” due to its scrappy determination to work hard, Thurs. Rec. features many potential Jughead greats and a team of student leaders up to the challenge of helping Paul to lead 33 kinetic kids. In the recent words of one mom, “Thursday is my sons’ favorite day of the week!”

## JUGHEADS Community News

- **JUGGLE JAM 18 (JJ18)** tentative dates\*: **May 20-21, 2016**, with all-cast dress rehearsals **May 12 (11?) & 17 (18?)** from 6-9 p.m. All Jugheads are strongly encouraged to be part of JJ! Look for details this winter. *\*We always aim to hold JJ the weekend before Memorial Day, plus two evening dress rehearsals. We have yet to confirm these dates with Hopkins H.S., but this is our hopeful schedule!*
- **October “Standards Challenge”:** At our recent SLT Retreat, senior Officer **Riga M.** pitched a company-wide contest idea where Assistants tally every new standard achieved (at JH or at home) from Oct. 1-31; each of our six weekly clubs will compete to see which club earns the highest average per-capita standards. All standards are on our website as PDFs. This fun competition recognizes the Jugheads’ individual and collective efforts and progress. May the hardest-working club win!
- **“YOUTH JUGGLING CAUGHT HERE!”** Show your team spirit by displaying your EYJA/Jughead yard sign in fall & spring. Don’t have one? Pick up a sign in our office.
- **“JINGLE JAM 2015”**, our annual all-Jughead holiday party, is targeted for Sat., Dec. 5 from 5-9 pm; location TBD.
- **October ENDURANCE CONTESTS:**  
**Rec. Clubs, 4 Balls:** 10/19, 22, 23 (Rookie Rec. members are encouraged, but not required, to compete);  
**Advanced & Elite, 5 Balls:** 10/20, 10/21.
- **UPCOMING OFFICER MEETINGS, 9-Noon:**  
10/10 at the **Liddle** home; 11/7 at the **Karschnia** home.



## Paul’s Platform:

“Running with Rudy and the Godfather”

A little influence and encouragement goes a long way. Whether in a literal 26.2 mile race or in the race of life, we need one another to set goals, join the race, keep the pace, and focus on the finish while enjoying the journey. Okay, “enjoying” is a relative term, at least on Summit Avenue...

I’ve written and spoken much over the years about the need to receive and give mentorship. This month saw a unique convergence of the main mentor of my own youth, my big brother **Tom Arneberg**, and one of my most historically significant mentees, Jughead legend **Selby Shlosberg**. We all ran and finished the Twin Cities Marathon on 10/4/15! It was Tom’s first, Selby’s 3rd, and my 9th, and we all ran at different paces, but sharing the Expo, Start, Finish, and a post-race feast was special.

Selby (Jughead from ‘98-‘07) was the kind of kid who learned persistence through juggling. Her parents were amazed that she didn’t quit when she didn’t succeed right away, taking until her 10th birthday (five months into 4th grade) to “qualify” three balls. I then named her my first-ever recipient of “The Rudy Award for Persistence” in Juggle Jam 1. Tom (nine years my senior) learned to juggle at age 28, and his direct

influence led me (at age 20, the year Selby was born) to learn to juggle and learn to work with kids, hence my dubbing him “the godfather of JUGHEADS.” Although Tom had heard of my seven marathons as of his 50th birthday, he had never been a runner until a wake-up call (his friend’s death and his own health numbers) drove him to definitively get in shape. Five years later, he’s down about 50 pounds, he’s twice backpacked in Philmont as Scoutmaster of Troop 72, and he exercises daily.

Selby and Tom each invited me to run TCM with them, knowing my year-round commitment to all-seasons running and to share with me their newfound joy (and Type A goals). The three of us are now more peers than mentors or mentees, but we continue to influence each other. And while marathons are rare events on the calendar, isn’t it a blessing that JH, like a family, remains a place where daily mentorship, attainable goals, and relationships flourish in all seasons to spur us on in our journeys? “Let us run with endurance the race that is set before us...” (Hebrews 12:1c, ESV)

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