

JUGHEADS

JOURNAL

Monthly news of JUGHEADS Youth Juggling Company, LLC • Edina, Minnesota • November 2015

All-Levels Standards & Contests

October featured skill tests for all clubs

Fall Standard Testing provided a diagnosis of each Jughead's strengths & weaknesses while juggling under pressure (Rec. Club rookies were exempt). Some challenged themselves to finish quickly (e.g., under 5:00), while others didn't finish within the 10:00 limit. (Club face-balance and 3 club tricks were overall weaknesses.) Ultimates had up to 20:00 for 11 tough solo standards, with only five of 15 members beating the clock.

After MEA, multi-win all-club Endurance Contests were held for all club veterans: 4 Balls for Rec. and 5 Balls for Adv./ Elite. Congrats to this year's Ball Endurance champions: **Jacob D.** (Thur.), **Maria H.** (Mon.), **Kayla M.** (Fri.), **Eli K.** (Adv.), and **Liam T.** (Elite).

Each contest also yielded impressive average records.

4 Balls: Thurs. Rec.=63.40 Dominant Hand Throws (DHT); **Mon. Rec.=66.91** DHT; **Fri. Rec., 143.62** DHT.

5 Balls: Advanced=62.89 catches; **Elite=461.13** catches.

November's all-club Endurance Contests: **3 Clubs** (11/6, 9 & 12); **5 Rings** (11/10); **4 Rings** (11/11); and **5 Clubs** (11/5).

Note: If every Jughead practiced at home one hour a week (10 minutes a day with one day off), records and overall skills would increase even further!

Ultimate Club Awards Banquet

12th annual dinner & awards ceremony

On Oct. 10, **Wendy Arneberg** organized our U.C. Banquet held at **Moza Mia**. **Paul** interviewed the four rookie members and gave a scouting report on possible future Ultimates. Specialist coaches **Jon O'Connor** and **Chris Lovdal** honored each U.C. veteran, and our IJA Teams silver medals were joyfully distributed. The crowd was addressed by proxies for three recent grads, and the evening ended with presenting juggling letters for '14-'15. 1st year juggling letter: **Jacob C., Nick D., Steven K., Maddie R., Laura S., Daniel V.**; 2nd year: **Cole D., Max S.**; 3rd year: **Sam K., Riga M.**; 4th year: **Reid J.**. Congratulations for standards, silvers and letters!

Names, Snacks, Make-Ups & Pick-Ups

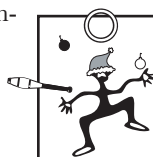
Mid-Fall Notes for (1st Year) Families

- Please **learn the names** of all leaders for the clubs your children attend. Paul continually stresses name-use among the Jugheads; **names** are a key to respect



and a door to relationships and community intimacy.

- Each Jughead may have **three (3) snack/beverage items** per club day; only one may be "unhealthy." Snack closes at 4:30. *Note: While we offer "unhealthy" choices, our staples include energy bars, cheese, nuts, juices, beef jerky, and low-calorie drinks.*
- Our **make-up policy** is that any Jughead may attend another club day in lieu of an absence. Text Paul with notice.
- Please **use only the courtyard entrance** to St. Stephen's (tangent to Wooddale Ave.) for everything Jughead-related; avoid the church doors facing 50th St. Note: The courtyard stairs will likely close for the winter; use the sidewalk ramp.



Jingle Jam Set for Sat., Dec. 5

All-JH party brings mid-year cheer

Our all-company get-together is filled with food, fun, games, juggling, laughter, and friendship. All currently registered Jugheads and their parents are invited to attend.

When: Saturday, Dec. 5, 2015, 5:00 PM – 9:00 PM

Where: Calvary Church, 5300 France Avenue South • Edina
The Refuge & Gym (the two large areas downstairs)
Enter via rear west parking lot

What: Potluck dinner, desserts & snacks; active games in the gym (juggling, combat tournament, bombardment, lighting, etc.); board games and SLT-led games.

Cost: \$10/Jughead paid at the door*;
Plus a main/side/salad or dessert to share.

*SLT members are free, but they'll help run Jingle Jam.

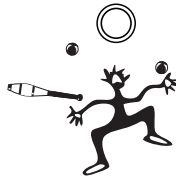
Need: 16+ parents for scheduled two-hour shifts to help supervise and share in the fun.

RSVP: Signupgenius.com (an email invitation will be sent)
RSVP attendance, potluck item, and to volunteer

CLUB SPOTLIGHT: Friday Rec. Club

Oldest Rec. Club=Talented Weekly Party!

For obvious academic reasons, some Jugheads prefer to juggle on Fridays due to the "no homework" nature of that final weekday. Add to that 12 girls and 16 boys ranging from squirrely elementary kids to stress-releasing adolescents, and Fridays are always hopping with excitement! By most technical measurements, Friday Rec. has at least double the average



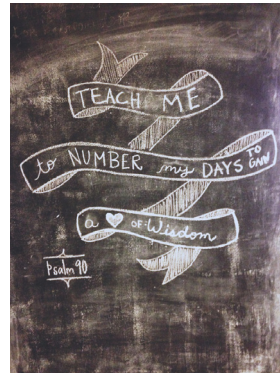
skill level of its two Rec. Club counterparts, with some Friday Reccers also attending our camps and even a 2nd member-club day. Our recently-announced JJ18 theme is sure to highlight the real-life characters and dramatic abilities of this fairy tale club, as they'll soon begin work on a tribute to *Into the Woods*.

Schedule Alert: No Rec. Clubs Nov. 19-20

As indicated on your fall reg. form (incl. proportional tuition), **there is NO Thursday Rec. and NO Friday Rec. on Nov. 19-20.** As “part of the package” in our new juggling home at St. Stephen’s Episcopal Church (SSEC), that is one of two long weekends where we can’t be at SSEC due to TEC (Teens Encounter Christ) spanning Thursday through Sunday. The next TEC will be April 21-24, and we *may* offer an alternate site for April 21-22 due to the timing with rehearsals peaking for JJ18.

JUGHEADS Community News

- **WELCOME to Sophia J.**, new 7th grade rookie! She joins our smallest but much-loved club, Monday Rec.
- **Winter/Spring (Re-) Registration opens on 12/1** via mailed forms. **Notes:** 1) We *assume* that all fall members will return to their same club(s); reg. is split by semester for budgeting and convenience. 2) Request *in writing* any switching/adding 2nd semester clubs. 3) For planning and closure, *let us know* if your child will not return mid-year. (*Thank you, Charlotte H. & Claire K., for your goodbyes-in-advance! :-)*)
- **THANKSGIVING CAMPS:** Our final release day camps till next June are **Nov. 23-25**, 9-Noon & 1-4 pm. (*We’re cancelling our Mega Camps on Jan. 18 & 25.*) **Referrals:** If you know of a family whose child would enjoy our camps (and possibly join this winter or next fall), please share our info.!
- **NOV. OFFICER MTG.:** 11/7, 9a-12 @ Karschnias’ home.
- **MADFEST ‘16:** All Advanced, Elite & Ultimate Jugheads are invited with us Jan. 15-17, 2016. See attached form.
- **MONDO ‘16:** Concordia-St. Paul, Feb. 12-13. Flyer in Dec.
- **JUGGLE JAM 18 (JJ18)** show dates have been confirmed! Performances will be Friday & Saturday, May 20-21, 2016, with our final all-cast dress rehearsal from 6-9 pm on Monday, May 16. (Our first all-cast dress reh. will be May 10 or 11.)



Paul’s Platform: “30,000 Short Days”

I often reflect on the brevity of life, and I love Moses’ prayer in Psalm 90:12, when he asks the LORD, “Teach us to number our days that we may get a heart of wisdom.” In verse 10, he wrote, “The years of our life are 70, or even by reason of strength 80.”

Interesting claims: first, because the humble leader Moses himself lived to be 120 (a 50% boost of his generalized lifespan estimate); second, because about 3,300 years later, even here in the wealthy and medically blessed U.S., a quick web search states that Americans’ life expectancy in 2015 is about 78.8 (or 81.1 for Minnesotans)—an extremely accurate fulfillment of Moses’ age-old psalm. (But life expectancies are often much lower in most of the world.)

Let’s take that Minnesotan stat as true and multiply it by 365.25. That means we Minnesotans are “expected” to live 29,622 days—just shy of 30,000. And just as the daylight is growing shorter as we approach next month’s winter solstice, I think most middle- and golden-aged readers would agree that from our perspective, each day, year, and life-stage seem to accelerate as we age. One year isn’t as long as it used to be for seasoned citizens.

Life is precious; time is short; the years (let alone the days) fly by. Love God, love others, and give thanks in all circumstances (truly divine commands). Some say “carpe diem,” and I concur if that means to not waste one’s life but seize opportunities to love and serve others TODAY. But a better phrase (prayer) in our short, trial-filled lives is, “Teach us to number our days.” 30,000 (if that are far too few. Make them count, and lay up treasure in Heaven.

Developing Youth Through Juggling Since 1994,

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