



# JUGHEADS

JOURNAL

Monthly news of JUGHEADS Youth Juggling Company, LLC • Edina, Minnesota • March 2016

## Juggle Jam 18 (JJ18) Notes

### Essential Info. for 11-Week Countdown

**SHOWS:** Our shows are Friday and Saturday, May 20 & 21 at Hopkins HS. Call time is 5:45 pm; doors open @ 6:30; show runs from 7-9:40. **Friday Rec.** will NOT meet May 20.

**CLUB REHEARSALS:** Every club until JJ18 is a rehearsal\*. We're finishing choreography, running routines, adding costumes. Please stay 'til 5:45 p.m. and inform Paul of absences. \*No Thur. Rec. on 3/24; no clubs March 28-April 1 or May 11, 16, 20.

**T-SHIRTS:** From May 2-10, all Jugheads will receive JJ18 Tees for each club; parents, please indicate sizes via an emailed link.

**ALL-CAST EVENING DRESS REHEARSALS are May 11 and 16 from 6-9 pm.** Wear JJ18 Tees on **Wed., 5/11** for our only all-company photo at 6:10 pm. **Adv. Club** will NOT meet on 5/11; **Monday Rec.** will NOT meet on 5/16.

**Distinctive COSTUMES** are key to club routines; bring them to club rehearsals by April 25-29. **Monday:** The Very Hungry Caterpillar (various foods); **Elite:** High School Musical; **Adv.:** How to Succeed (business attire); **Thursday:** Schoolhouse Rock characters; **Friday:** Into the Woods characters. **Khaki shorts and JJ18 Tees are required for the grand opener & grand finale.**

**SKITS:** Any Jughead with skit ideas & interest should consult with **Coach Tom Gaasedelen**; skits will be set by 5/6.

**AUDITIONS:** Any Jughead desiring to perform a solo or team routine for JJ18 needs to audition on **April 12 in Wooddale-Edina's gym.** Every prospective act must perform in the 3/18 Showcase **and fill out an application by 3/25.** Contact **Paul** for more info. *NOTE: Auditions are competitive; unique and polished acts rise above acts filled with technical juggling but low in entertainment value.*

**PARENT VOLUNTEERS:** JJ is a huge production made possible by MANY parent volunteers. Our hope is that one parent from each JH family will **volunteer for one show or in another way.** Show night volunteers need not purchase a ticket for that night but won't see all/much of the show. Look for an emailed link (also on jugheads.com) soon on how to volunteer.

**TICKETS:** All tickets are reserved seats with two pricing tiers for adults/students. Online sales begin Mon., April 4.

## Officer Voice: Cole Dunbar

Life is stressful. There is no denying that simple fact, and it is truer at some points in life. As a junior in high school I should be the expert on stress and how to manage it. Spoiler alert: I'm not even close. At the beginning of this school year I was juggling (pun very much intended) six



AP classes, an internship, leading Sunday School every week, being a member of Elite, an assistant at Advanced, and co-captain of Ultimate. There were times last semester when stress got the best of me, and it was these times that I was very thankful for JUGHEADS (JH). Going to JH three days a week sometimes felt like a burden and I wished that I could be at home studying so that I wouldn't have to stay up until the wee hours of the morning, but more than that JH felt like a place where I didn't need my stress. I could go to JH and get away from high school life for three hours and laugh and have fun and work on something other than my homework. This was a release that was sometimes hard to notice during the stressful periods, but looking back my time at JH was and continues to be a necessary break from everything else in my life.

I know that the lessons about stress will go over the heads of many of the youths of the company so for them my message is simpler. First, make the most of the time you have before your life will potentially become a big ball of stress. Second, don't take JH for granted. Sadly, there is no guarantee that JH will outlast your high school career, and so we all need to take advantage of the time we spend at this place many of us would call our second home. Look back on the joy that has come from not only getting records, but also from lifelong friendships that would not exist if not for JH. Acknowledging this joy and friendship will follow you not only for the rest of your time at JH, but for the rest of your life.

So while life continues to become more and more stressful, I am thankful that I have a place like JH to go to thrice weekly to relax and be rejuvenated.

—**Cole D.:** 9th Year Jughead, Officer, Advanced Club Assistant, Elite Member, U.C. Captain, HS Senior

## Back-Up Churches in March & April

When we signed our agreement with St. Stephen's Episcopal Church last May, we did so knowing of occasional displacements, such as the church hosting twice-annual TEC (Teens Encounter Christ) weekends with 150+ teens from all over the Metro. Whereas last fall we simply budgeted to not hold club (off-site) during November TEC, Paul is determined to hold our displaced April clubs off-site since that's only a month from JJ18.

Here are the clubs meeting off-site in March & April:

- THURSDAY REC.:** 1) The Winter-Spring 2016 Registration reflected no tuition charge for the day the club will NOT meet: **March 24** (Maundy Thursday services).
- 2) Thursday Rec. WILL be held on **April 21** but will move to **Emmaus Lutheran Church in Bloomington.**



**ULTIMATE CLUB:** 1) U.C. will return to **Wooddale-Edina** on **Mar. 24** for their normal 6-9 pm rehearsal.

2) U.C. will travel to **Emmaus-Bloomington** on **April 21**.

**FRIDAY REC.:** Mirroring Thursday Rec. on April 21, Friday Rec. WILL be held during normal club hours on **April 22**, also over at **Emmaus Lutheran Church in Bloomington**.

**AUDITIONS:** On Tuesday, **April 12**, up to 8-10 acts will audition for JJ18 specialty act honors at **Wooddale Church-Edina** from 7-9 pm, with open warm-up time from 6:05-6:55 p.m.

## JH Community News

- **HEARTFELT CONDOLENCES** to long-time U.C. Specialist Coach and Specialty Act Consultant **Jon O'Connor** on the sudden passing of his beloved wife of 20 years, **Stephanie**, who died of pneumonia on Feb. 27. Look for an email with more details on funeral arrangements and possible memorials.
- **11th ANNUAL EYJA JUGGLING SHOWCASE:** 14 acts will entertain all ages on Friday, 3/18 from 7:30-8:45 p.m. at Hopkins High School Little Theater. It's a FREE show led by our SLT, and it's a great way to kick off our 2016 performing season!
- **Reminders:** 1) There IS Friday Rec. on 3/4 even though it's an Edina Schools release day; 2) there is NO Thurs. Rec. on 3/24; 3) U.C. is at Wooddale-Edina on 3/24; 3) Thurs. Rec., U.C. & Fri. Rec. will be held at Emmaus Lutheran Church on 4/21-22.
- **TWO DEADLINES for performers & leaders:** **March 25** is the application deadline for both JJ18 Specialty Act Auditions (for April 12) and 2016 Summer Camp Assistants (for June 6-July 1). Both forms are available at JH or via email request.
- **U.C. Portrait Day:** Tue., 4/19 (during Elite Club).
- **Senior Jugheads' families:** Submit any juggling-related pics to Wendy by 5/8 for JJ18's Senior Presentation. Unless a specific evening was requested, we'll honor each senior in ascending seniority: 1) years; 2) clubs; 3) leadership: 5/20—**Henry R., Nick D., Chris V., Riga M.** 5/21—**Eric S., Max S., Andy O., Carolyn L.**
- **Next Officer Meetings:** 3/12 @ Dunbars; 4/16 @ Rutzens; 5/28 @ the Moettus/Hedberg home.

## Paul's Platform: "American Ideals and JUGHEADS: A 2016 Series"

### Part 3: The Pursuit of Happiness.

This third named right in the Declaration of Independence is built on liberty. Pursuing happiness, in its myriad forms, cannot be accomplished without the freedom to do so. And true happiness combines individual *and* common good, both as U.S. citizens and as Jugheads.

As with liberty, true happiness needs a moral compass. Founding Father Samuel Adams wrote in 1778, "Religion and good morals are the only solid foundation of public liberty and happiness." Even if one were to dismiss his claim of religion as a prime ingredient to happiness, good morals can scarcely be argued away as a key to: earning trust with others; developing a good reputation; and leaving a track record of all-around blessings meted through loving behavior. This solid foundation bears fruit in the form of happiness.

A lesser-known fact about "the pursuit of Happiness" in the Declaration is that Thomas Jefferson based it on 17th century philosopher John Locke, who wrote about "life, liberty and *property*." Not only is this a fascinating (and elsewhere confirmed) endorsement of private property rights (including intangible "property" such as intellect and human dignity), but it fittingly flies in the face of the arch-nemesis of American ideals: Communism. The first plank of the Communist Manifesto by Karl Marx (1848) is "Abolition of private property in land and application of all rents of land to public purposes." Whether the right to own a home or land or a business, property was affirmed by America's founders as a tool for freedom-fueled pursuits.

As the American ideal of pursuing happiness applies to JH, kids are free to pursue their forms of happiness on a daily basis. Even on busy rehearsal days, each child still gets a say over snack choice, friend interactions, free-time juggling, and deeper investment through Showcase routines, emcee opportunities, and elective elements to our group routines. Our camps offer the widest potential of choice, with kids immersing in both skills and relationships without the pressure of homework, choreography, or running to and fro as much as usual.

Finally, I've always compared the patriotic phrase "the land of opportunity" as parallel to pursuing happiness. Both America and JH offer many opportunities for improvement, advancement, and fulfillment, but neither the government nor my staff & I are (or should be) intended to either hinder success or excessively aid in the realization of such opportunities. In our microcosm of America, when a child learns to juggle, he or she really *owns* the skill--no one juggles *for* them. Provide an opportunity, and the wise person seizes it--even through much trial & error. Happiness is then realized, shared by the influencers, and multiplied among those looking on.

**Paul Arneberg**, JUGHEADS Founder, Director & Head Coach  
cell: 612.978.9707 • [jugheads@comcast.net](mailto:jugheads@comcast.net)

**Wendy Arneberg**, JUGHEADS Office/Operations Manager  
cell: 612.229.3348 • [wendy@jugheads.com](mailto:wendy@jugheads.com)

**U.S. Mail:** 5905 Concord Ave., Edina, MN 55424 • **Web:** [jugheads.com](http://jugheads.com)

**JUGHEADS Location:** St. Stephen's Church • 4439 W. 50th St. • Edina • 55424

**Tom Gaasedelen**, Elite Club Coach & Sub  
cell: 952.358.1023 • [thomas\\_gaasedelen@mcad.edu](mailto:thomas_gaasedelen@mcad.edu)

**Betsy Gaasedelen**, Advanced & Friday Movement/Choreography Specialist  
[bgaasedelen@gmail.com](mailto:bgaasedelen@gmail.com)

**Jon O'Connor**, Ultimate Club Specialist and Specialty Act Consultant  
cell: 612.839.2572 • [coachjon@jugheads.com](mailto:coachjon@jugheads.com)