



# JUGHEADS

J O U R N A L

Monthly news of JUGHEADS Youth Juggling Company, LLC • Edina, Minnesota • September 2016

## Bearing Fruit That Will Last

### Mutual benefits confirm company mission

As a rule, except for leaders' columns, this newsletter is written in the 3rd person. However, I'll break that rule to give a more personal greeting and blessing to this new school year. I'm Paul Arneberg, JUGHEADS (JH) Founder & Director. Welcome back to our 98 returning Jugheads, and a special welcome to the 11 new Jugheads in 3rd-12th grade joining us for the first time! (For more fun facts about our stats, see my annual chart below.)

Recently, I remarked to a fellow youth mentor that I can't claim great faith in keeping this company going. I've encountered closed doors while going through open doors for the past 23 years. But I *can* attest to the fact that there is much fruit being borne among the Jugheads, staff & parents, and by faith, I try to cultivate that fruit in the company and in my own life. I believe that such fruit will last beyond the kids' involvement, my career, and this lifetime.

JH is both frivolous and fervent; light-hearted and life-changing. Thank you for returning and for praying for lasting fruit.

### 2016-2017 JUGHEADS Company Stats At-a-Glance

<b>3rd Graders:</b>	7	<b>8th Graders:</b>	17
<b>4th Graders:</b>	5	<b>Freshmen:</b>	16
<b>5th Graders:</b>	13	<b>Sophomores:</b>	5
<b>6th Graders:</b>	16	<b>Juniors:</b>	9
<b>7th Graders:</b>	12	<b>Seniors:</b>	9

[Total Jughead Grads since 2006: 79]

**Total Current Jughead Members in a Weekly Club:** 109

**Returning Jugheads:** 98; **Rookie Jugheads:** 11

**Avg. Jughead's Grade in School (3rd-12th):** 7.56th

**Avg. Jughead's Year in the Company (1-10):** 4.16th

**Jughead Boys:** 66 (60.55%); **Jughead Girls:** 43 (39.45%)

**Sets of Siblings:** 22 (incl. three families with *three kids* in JH!)

**Edina Public Schools:** 49 (44.95%); **Non-E.P.S.:** 60 (55.05%)

**Cities of Residence:** 19 (Apple Valley, Bloomington, Chaska, Crystal, Eagan, Eden Prairie, Edina, Hopkins, Lindstrom, Mpls., Minnetonka, Minnetrista, Plymouth, Prior Lake, Ramsey, Richfield, St. Louis Pk., Savage and Woodbury)

## Arne-dele-nelsons: Dedicated Leaders

### Adult staff=Two spouses, two siblings

There are three general areas of leadership that run our daily and seasonal programming of company life: the **Arneberg marriage**, the **Gaasedelen siblings**, and the **SLT** (Student Leadership Team). The SLT will be featured next month, so here's a breakdown of how our adult

leaders are involved. **Director Paul Arneberg** leads every club, with a facilitator role for U.C. Outside duties include newsletters, emails, festivals, special events, and pursuing a wide variety of formal and informal mentorship relationships. **Operations Manager Wendy Arneberg** organizes our home and church offices, technology, website, graphic design, special events (including producing *Juggle Jam*), and occasional visits to clubs & camps. **Coach Tom Gaasedelen** (a deca-Jughead from the Class of '13) is in his 2nd year as Elite Club Coach and Paul's sub, and in his 1st year as U.C. specialist. **Specialist Betsy (Gaasedelen) Nelson** is in her 3rd year providing movement & choreography expertise and a great rapport with our Jugheads in both Advanced and Friday Rec. (as of November).

## Fall Flyer: Annual Waiver + MEA

### PayPal loophole; one shot at school year camps

**WAIVER:** While many families choose PayPal to register for our clubs and camps, our insurance company requires that every family sign a liability waiver annually. If you use PayPal to register, please sign and turn in the attached form by Friday, Sept. 30. (If no contact info. changes, you need only sign the form.)

**RELEASE DAY CAMPS:** Due to school calendars and our margin needs in the busy winter/spring, we're only offering two camp days this school year: **Thurs. & Fri., Oct. 20-21.** Take advantage of the MEA break for a skills-boosting, friendship-enhancing day/half-day! Our 2017 summer camps: June 5-July 7.

## Selected Summer Highlights

### IJA, State Fair, Wedding, Partial Sabbatical

For the first time in 20 years, we didn't lead an official group of Jugheads to the IJA Festival. Planned more than a year ago, Paul & Wendy decided to take this IJA off, opting instead for a "partial sabbatical." Here are four key summer events from July & August:

1) Despite no official group, four Jugheads attended IJA-El Paso together: senior **Jacob Cowan**, junior **Daniel Van Hoomissen**, and recent grads **Andy Opp** and **Chris Van Hoomissen**. **Andy** and **Chris** performed solos in the Youth Showcase; **Daniel** competed in Juniors for the 2nd straight year; and **Chris** earned Numbers silver medals for solo bounce (8 balls) and bounce passing (11 balls with **Chris Jost**, Class of '12!)

2) Since 1999, a long line of Jugheads have competed in solos and ensembles in the Minnesota State Fair Amateur Talent Contest. This year, junior **Mirrandra Miller** performed her JJ18 solo with joy in the Bandshell on Aug. 25, opening night!





3) **Betsy Gaasedelen** is now **Betsy Nelson**! She married her high school friend and college sweetheart, **Jon Nelson**, on 7/15/16 in Edina. Her brother and groomsman, Elite Coach **Tom Gaasedelen**, reported a favorite highlight: the bride & groom ceremonially washing each other's feet in the creek right outside St. Stephen's Church. Congratulations, Jon & Betsy!

4) **Paul & Wendy** had an adventurous and diverse summer, starting with Paul backpacking 107 miles on a strenuous itinerary at Philmont Scout Ranch in New Mexico while Wendy attended a Jane Austen Festival in Kentucky. Paul also devoted much time to reading and writing and hopes to continue these disciplines into the school year and expand on mentorship priorities.

*NOTE: We're returning to the IJA Festival as a group July 10-16, 2017 in Cedar Rapids, IA! Email w/q's; info. meetings in January or February.*

## Welcome Notes & Bulletin Board

### • Welcome to 11 rookie Jugheads!

**MONDAY REC.:** **Anna Holmes** (6th); **Norah Litvack** (3rd); **Oliver Litvack** (6th).

**ADVANCED CLUB:** **Corey Prell** (12th).

**FRIDAY REC.:** **Ava Armbrustmacher** (3rd); **Josie Carson** (9th); **Olivia Clarin** (7th); **Sophie Klein** (7th); **Addie Lovaa** (3rd); **Luke Schwandt** (3rd); **Addy Wethington** (3rd).

• **GAMES WEEK '16:** Our fall kicked off with games and individual prizes *plus* points toward overall prizes in each club: 1st=5 pts., 2nd=3 pts, 3rd=1 pt. Overall winners: **Luke Meadows** (Mon. Rec., 24 pts.); **Liam Thompson** (Elite, 16 pts.); **Isaac Cantor** (Adv., 16 pts.); **Aedan Erickson** (Thur. Rec., 16 pts.); **Isaac Cantor & Noel Dunning** (Fri. Rec., 17 pts. each). Way to go!

• **Royal Jughead:** Senior **Danny McCoy**, Elite & SLT member in his 6th year, is on Edina's Homecoming Court! Also a drum line section leader in the EHS marching band, nice guys *can* finish first!

• **Congrats** to six Ultimate Club rookies! Freshmen: **Joe De Boom**, **Grant Dunbar**, **Nicholas Rewey**; Juniors: **Linus Bendel-Stenzel**, **Mirrandra Miller**, **Joshua Nelson**.

• **Ultimate Club Banquet:** 10/15. Look for emailed invitations.

• **The JUGHEADS Store:** We have an ongoing inventory for sale: **apparel** (Juggle Jammies, sweats, ball caps, past T-shirts, baby shirts), **juggling props** (Powerballs, silicones, rings, clubs), and **misc.** (Nalgene, JugMugs, string bags). Pick up some bling this fall!

• **SEPTEMBER BIRTHDAYS:** **Allegra Nelson**, 11 on 9/1; **Peter Holmquist**, 17 on 9/10; **Serena Nelson**, 11 on 9/10; **Ben Moore**, 14 on 9/18; **Darien Stelberg**, 14 on 9/19; **Isaac Cantor**, 12 on 9/20; **Eva Hadjiyanis**, 16 on 9/23.

## Paul's Platform:

### "American Ideals and JH, Part 7: Justice"

This 2016 column series celebrates how the founding principles of our American heritage are reflected in JUGHEADS. It's a particularly contentious national election season; as we kick off another school year, *Paul's Platform* will describe how this founder is adherent to many of the views of our Founding Fathers.

"Justice" is an ideal that is synonymous with the U.S.A. Among the very first stated goals in the Preamble is to "establish Justice," and The Pledge of Allegiance climaxes with that great phrase, "...with liberty and justice for all." The Bible, widely read and respected by our Founding Fathers (Christians and deists alike), mentions "justice" some 135 times! Micah 6:8 lists "to do justice" as a basic requirement of goodness, and Jesus cites justice among "the weightier matters of the law" (Matthew 23:23, ESV).

So what is justice, and how does it relate to JH? A biblical synonym is righteousness; from a legal perspective, it's lawfulness; and from a kid's perspective, it's most commonly thought of as fairness. When a child complains, "That's not fair," he or she is really pointing out an injustice (whether real or imagined).

Justice is a principle and a truth that is an excellent guide in life. Strive to do what is right (or righteous), and one will generally be rewarded. Hard work pays off. Obey laws and one need not fear the authorities (Romans 13:1-7). And ideally, our government will protect its citizens from injustices, whether from petty criminals or tyrants (both foreign and domestic). If government can't *prevent* injustice, it is designed to "bring to justice" violators of our rights.

Perhaps the best examples of justice in our daily life and traditions among the Jughead members are our technical standards and Code of Conduct. If a Jughead achieves 10 dominant hand throws with three balls, a promised juggling pin is awarded (courtesy of the EYJA). If the Advanced standards are achieved, permission is granted to join that club. A child paying for an extra snack, camp, or festival enjoys the privilege of that additional product or service. Win a contest or help a peer, and one may be justly commended for a job well done. Disrespect isn't tolerated.

Earning rewards for good behavior is to be expected in a just system. I believe it's very good for people all ages to diligently "do justice," both on one's own behalf and on behalf of others (including our nation). Justice is getting what one *deserves*; mercy is getting what one does *not* deserve. That miraculous American ideal will be covered next month.

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\*Tom will be the U.C. Specialist from Nov.-March + IJA Festival.

\*\*Betsy will resume her work with us in November.