

JUGHEADS

JOURNAL

Monthly news of JUGHEADS Youth Juggling Company, LLC • Edina, Minnesota • November 2016

JH Veterans' Standards & Contests

Oct. & Nov. feature skill tests for all clubs

October Standard Testing provided a diagnosis of each Jughead's technical strengths & weaknesses while juggling under pressure. (Rec. rookies were exempt, but some accepted the challenge!) Some tried to finish quickly (e.g., under 2:00-5:00), while others didn't finish within the 10:00 limit. (Club balance and 3 club tricks remain common weaknesses.) Ultimates had up to 20:00 for 11 solo standards, with only three members beating the clock.

After MEA, multi-win all-club Endurance Contests were held for all veterans: 4 Balls for Rec. and 5 Balls for Adv./ Elite. Congrats to this year's Ball Endurance champions: **Connor Q.** (Monday), **Ty T.** (Thursday), **Isaac C.** (Friday and Advanced), and **Daniel V.** (Elite).

Each endurance contest yielded impressive average records: **4 Balls—Mon. Rec.=86.88** Dominant Hand Throws (DHT); **Thurs. Rec.=112.71** DHT; **Fri. Rec., 174.77** DHT. **5 Balls—Advanced=50.33** catches; **Elite=404.65** catches.

November's All-Club Endurance Contests: **3 Clubs** (11/10, 11 & 14); **5 Rings** (11/8); **4 Rings** (11/9); and **5 Clubs** (11/10).

Note: If every Jughead practiced at home one hour a week (10 minutes a day with one day off), records and skills would increase even further and faster!

2016 Ultimate Club Banquet

13th annual dinner & awards ceremony

On Oct. 15, **Wendy Arneberg** organized our U.C. Banquet held at **Dave & Buster's** in Southdale. **Paul** gave a scouting report on possible future Ultimates, and he and Specialist Coach **Tom Gaasedelen** interviewed all 13 members in attendance. The crowd was addressed by proxies for three recent grads, and the evening ended with presenting juggling letters for '15-'16. 1st year juggling letter: **Liam T.**; 2nd year: **Jacob C., Steven K., Laura S. Daniel V.**; 3rd year: **Cole D.** Congratulations to our 14 current members and six letter-winners from 2015-2016!

Names, Snacks, Make-Ups, Pick-Ups, Visits

Mid-Fall Notes for (1st Year) Families

- Parents, please **learn the student leaders' names** for the club(s) your kids attend. Paul continually stresses name-use among the Jugheads; **names** are a key to respect and a door to relationships and connections.
- Each Jughead may have **three (3) snack/beverage**



items per club; only one may be "unhealthy." Snack closes at 4:30. **Note:** While we offer "unhealthy" choices, our staples include energy bars, cheese, nuts, juices, beef jerky, whole-grain chips, and low-calorie drinks.

- Make-up Policy:** Any Jughead may attend another club day in lieu of any absence. Text Paul with request/notice.
- Please only use the courtyard entrance** to St. Stephen's for everything Jughead-related; avoid the 50th St. entrances. *Note: The courtyard stairs will close for the winter; use the sidewalk ramp.*
- New this year:** Based on an idea at our SLT Retreat, **Dec. 19-23 is "Bring a Friend to JUGHEADS Week"!** Each current member may bring a friend to visit a club, provided the "host Jughead" helps teach them to *juggle*. Details in Dec.

Jingle Jam 2016: Saturday, December 3

SLT-led all-JH party brings mid-year cheer

Our all-company get-together is filled with food, fun, and friends! All current Jugheads and their parents are invited to attend.

When: Saturday, Dec. 3, 2016, 5:00 PM – 9:00 PM

Where: **Calvary Church**, 5300 France Avenue South • Edina **The Refuge & Gym** (the two large areas downstairs) Enter via rear **west parking lot**

What: Potluck dinner, desserts & snacks; active games in the Gym (juggling, combat, bombardment, basketball, etc.); board games, Catch Phrase, movies, etc. in The Refuge!

Cost: Sign up online to share a main/side/salad/dessert. This year's church rental was included in 1st Sem. tuition.

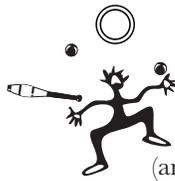
Need: 16 parents (two-hour shifts) to supervise and fun-share!

RSVP: Signupgenius.com (an email invitation will be sent) RSVP attendance, potluck item, and to volunteer

CLUB SPOTLIGHT: Friday Rec. Club

Fridays=Focus, Frivolity & Friendships

The alliterative subtitle above aptly describes this weekly anchor to our club schedule. With the academic week done and a seven-year age range (and several high school-aged leaders) looking to productively blow off some steam, Fridays range from extreme focus (modeled by five members who double up in Advanced, and two very motivated older rookies) to lots of goofiness and kinetic action. The long-time members help set the tone of the relational atmosphere, and the leaders' combo of care and technical skill make this slightly older Rec. Club thrive. Our soon-to-be brainstormed JJ19 theme will be announced on your 2nd semester registration form!



JUGHEADS Community News

- **2nd Semester Registration opens 12/1** via hardcopy (check) and online (PayPal). Register in Dec. for a discount! **Notes:** 1) We assume that all 1st Sem. Jugheads will return to their same club(s). 2) Request *in writing* any switching/adding clubs from 1st Sem. 3) For planning and closure, inform us if your child will not return for the 2nd Semester. Thank you!
- **Schedule Reminders, Set #1:** Adv., Thurs. Rec., U.C., & Friday Rec. will be held at **Emmaus Church Nov. 16-18** (8443 2nd Ave S., Bloomington, MN 55420). Displaced from St. Stephen's due to TEC, Emmaus is a fun "field trip"!
- **Schedule Reminders, Set #2:** Mon. Rec. & Elite WILL meet **Nov. 21-22**; there is NO Adv. Club or camp **Nov. 23**.
- **Schedule Reminder, Set #3: Juggle Jam 19 (JJ19)** dates are **May 19-20, 2017**; all-cast dress rehearsals are **May 9 & 16** (6-9 p.m.). Also, our 12th annual **Winter Juggling Showcase** is set for **Friday, March 17**. Look for forthcoming details!
- **NOV. OFFICERS MTG.:** 11/12, 9a-12 @ Rutzens' home.
- **MADFEST '17:** Up to 32 Advanced, Elite & U.C. Jugheads will travel with us **Jan. 13-15, 2017**. See attached form.
- **MONDO '17:** Concordia-St. Paul, Feb. 10-11. Flyer in Dec.

Paul's Platform: "American Ideals and JH, Part 9: General Welfare"

The socioeconomic term "welfare" is largely associated with President LBJ's Great Society of the '60's. However, I'll use the Preamble to the U.S. Constitution to flesh out this 9th American ideal as it relates to JUGHEADS, LLC.

The first definition of "welfare" in Dictionary.com is: "the good fortune, health, happiness, prosperity, etc., of a person, group, or organization; well-being." When I read "promote the general welfare" in the Preamble, I see something quite different than what our welfare state has become today. While I do believe it's virtuous to have a societal safety net, I don't believe our Founders ever intended that 49% of Americans would receive regular government entitlements, and certainly not in perpetuity. Corporate welfare is also extreme.

Note the word "promote" in the Preamble; it doesn't say "provide." (The latter applies "for the common defence.") I believe two of the biggest deterrents to the promotion of the general

(and individual) welfare in our society are excessive gov't regulations and our trading *freedom* for *security*. Because of this trend toward a nanny state, the U.S. tax code is often crippling and punitive. In his first inaugural address on 1/20/81, President Ronald Reagan said, "In this present crisis, government is not the solution to our problem; government is the problem." Taken alongside the Preamble, government should, for the most part, get out of the way of people pursuing their own welfare rather than make people dependent on the welfare state.

I'll tie this in to how I run JH. Any student leader or adult staff will tell you that my directorial style tries to minimize micro-management (and "laws") and maximize freedom ("ownership") for each Jughead and representative leader. Yes, I set the vision and tone for the overall company (such as this column), but much of that tone was set during the first 10 years of our existence (1994-2004). The general welfare that I promote, along with Wendy's innovative help and the plurality of our staff, gives the kids a setting and a structure for their own progress—guided, but not dictated, by the leaders.

Just like America was founded with the hope of achieving both national and personal independence (e.g., faith, family, finances) rather than being subject to a central government's tyranny, JH parallels that by prioritizing freedom over edicts. Our company structure promotes the good of the kids rather than more power to the leaders. Even if our own U.S. federal government continues its alarming rate of growth we've seen over the past 30+ years, my aim is to continue to run JH as a "small government" that promotes good rather than necessarily guarantees success. (E.g., we don't dole out standards and character; with intentional mentorship, we effectively "get out of the way" for the kids to achieve such goals.) That's where true youth development occurs, and I believe that's what our Founders intended for We the People.

Developing Youth Through Juggling Since 1994,

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*Tom is the U.C. Specialist from Nov. through March + the IJA Festival.

**Betsy resumes her work with us later this month!