



JUGHEADS

2017-2018 Advanced Club Membership Standards

TECHNICAL JUGGLING STANDARDS

1. 10 tricks with 3 Balls (compulsory: one-up pirouettes, one-up half pirouettes, overhead) (INCREASED for Fall 2017)
2. 50 RHT (Right Hand Throws) with 6 Ball Passing—learn both “every” (2-count) and “every other” (4-count)
3. 50 Dominant Hand Throws (DHT) with 4 Balls
4. 5 tricks with 4 balls (Suggestions: half shower, R&L; columns variations; reverse fountain; multiplex; overhead; shower.)
5. 20 with 7 Ball Passing
6. Qualify 5 Balls (10 total catches, counting both hands)
7. 100 DHT with 3 Rings
8. 5 tricks with 3 Rings (suggestions: pulldowns, on-the-head-off-the-head, flat throws, pancakes, ring grinds) (NEW for '17)
9. 50 RHT with 6 Ring Passing (INCREASED for '17)
10. 10 RHT with 7 Ring Passing
11. 25 DHT with 4 Rings (INCREASED for '17)
12. 30 seconds (:30) with Club Balance (chin, nose, or forehead)
13. 100 DHT with 3 Clubs
14. 5 tricks with 3 Clubs (*Not incl. doubles*. Suggestions: triples, butterflies; one trick each of body throws, starts, and finishes.)
15. 20 RHT with 3 Club Constant Doubles (learn both singles' speed/low and slow/5-club height; end with left hand catch)
16. Three consecutive perfect sets of 5-5 (5 RHT with 3 Club Singles then 5 RHT with Constant Doubles at singles' speed)
17. 50 RHT with 6 Club Passing
18. 3 tricks with 6 Club Passing (Compulsory: left-to-left doubles; right-to-right doubles)
19. 10 RHT with 3-Person Point Passing (passing from the point).
20. 10 RHT with 7 Club Passing
21. 100 DHT with 3 Ball Force Bounce (NEW for '17)
22. 50 DHT with 4 Ball Drop or Force Bounce (NEW for '17)
23. 50 RHT with 6 Ball Bounce Passing (NEW for '17)
24. 10 RHT with 7 Ball Bounce Passing (NEW for '17)
25. Mastery of one Auxiliary Prop other than a balance prop (see Super-Ultimate Standards for a list of Auxiliary Prop ideas)

COMMITMENT STANDARDS

26. Age minimum: 6th grade. (*All candidates should consult with Paul before registering. 5th graders may be admitted if space.*)
27. One year of JUGHEADS experience.
28. No more than seven (7) absences (5 excused, 2 non-excused). This could be increased if make-ups are fulfilled.
29. Attend at least three (3) special events each year: parade(s), Summer Picnic, Jingle Jam, MadFest, MONDO, Showcase, gigs, IJA. (NEW for '17)
30. Watch the official movie of JUGHEADS, *Rudy* (1993; PG for mild language and football violence).

EXEMPTIONS: If a solo standard is not met, the Jughead must: 1) achieve 50% of that standard, and 2) double two standards OR quadruple one standard. Ex.: If 5 balls has been flashed (not qualified), the Jughead could get 10 tricks with 3 Rings and 100 with 6 Club Passing*, OR get 2:00 with Club Balance. Fully qualified Jugheads receive priority, and each standard should be achieved by the end of the 1st Adv. year. **Doubling passing standards must be achieved with a peer. Achieve all passing standards with a peer by mid-year.*

—Paul Arneberg, JUGHEADS Director—May 27, 2017