



Summer Staff Team



Director Paul Arneberg has forged a career combining mentorship, recreation, virtues, communication, and performing arts—all toward developing the lives of youth. Paul founded JUGHEADS (JH) in 1994 and has always considered it a “tentmaker youth ministry.” Self-discipline is a quest and lifestyle for Paul; passions include Bible study, nutrition, and running. This spring marks his 28th wedding anniversary with his U of M college soul mate, **Operations Manager Wendy Arneberg**. In addition to JH, Wendy runs her business, Kleynhuis; works at Ripe Radish Farm near Hastings; and wrangles Chip, their famous Super-Kitty.



Coach Erica Liddle (5-Year Jughead; Class of '14) is our Head Coach, challenging school year Jugheads in Advanced, Elite, and Ultimate Club to think collaboratively, juggle cleanly, and present their skills creatively. Fascinated by the magic that happens when kinetic, auditory, and visual mediums combine, she earned undergraduate degrees in English (Literature) and Theatre Arts (Acting and Directing) from Dordt University. In addition to coaching, Erica works at the bakery Patisserie Margo. She also stage manages periodically, dabbles in lighting design, and loves to bake, cook, craft, and sew.



Coach Joshua Nelson (5-Year Jughead; Class of '18) parallels Coach Erica in that he didn't join JUGHEADS until 8th grade but had a highly impactful career. After attending our camps for three summers, Josh became a member of Friday Rec. Club and rose through the ranks to earn two letters in juggling, serve as Elite Club Co-Captain, and win the 2018 IJA Teams bronze medal as The Lemonheads (with current Jughead, Isaac Cantor). Josh maintains that summer camps are one of his favorite aspects of our company, and he's serving as Intermediate Club Coach for '20-'21. Josh is a Pre-Med Biology senior at UNW-St. Paul with plans to marry Aimee in July and start P.A. school in '22.



summer

JUGGLING

camps

All summer camps are held at
Emmaus Free Lutheran Church • 8443 2nd Ave. S. • Bloomington, MN • 55420

2021 SUMMER SCHEDULE: This summer marks our 28th year of JUGHEADS summer juggling camps! Our mission is to use the sport and art of juggling to mentor children and youth in rising grades 2–12 (plus the summer after HS graduation). Our revised summer schedule offers two weeks of half-day camps: the morning sessions (9 am–Noon) are geared toward beginning/intermediate jugglers, while the afternoon sessions (1 pm–4 pm) prioritize advanced/expert jugglers (e.g., less structured/more self-directed and working on higher standards, club passing patterns, routines, etc.). Two snack items per half-day camp are included. (Kids staying all day may eat bag lunches together at Noon.)

REGISTRATION OPTIONS: Kids may sign up for a week of morning or afternoon sessions based loosely on skill level, with beginners the focus of our mornings. Summer Punchcards are available in half-day increments of 1, 5, 10, and 20 punches. Punchcards are valid June 7-18 (10 full weekdays) and may be shared by siblings, allowing for maximum flexibility. (Attendance is kept on a master list; there is not a physical punchcard your child will need to carry.) The 20X Punchcard is essentially the “season pass” of our abbreviated 2021 camp schedule, and up to five (5) punches may be shared by friends outside of a camper's immediate family.

STRUCTURE: After a relaxed arrival of campers, **the coaching staff (Erica, Josh, and/or Paul)** and **Student Leadership Team (SLT)** kick off every morning with a camp meeting at 9:10 am with personal introductions of leaders and new campers; skills demos; goal-setting; and record-sharing. Campers enjoy dedicated, supervised use of two main areas: the gym and lobby (use east/lower entrance) and Resource Room/lower hallway, with optional juggling outside (with a leader). There are outdoor snack breaks at 10:30 am and 2:30 pm, and we'll occasionally study juggling videos and watch developing juggling routines. Our camps are “continuous progress”—beginners aren't pressured, and experts aren't restrained. Campers' efforts (both kinetically and socially) largely equal personal fulfillment.

LEADERSHIP: **Head Coach Erica Liddle** is our main summer leader, coaching every afternoon as well as M, W & F mornings. **Coach Josh Nelson** will coach the mornings of June 8 & 10. **Founder & Director Paul Arneberg** will offer on-site support all day on Mon., June 7 and Friday, June 18 and will coach the mornings of June 15 & 17. Our trained SLT features varsity-level Jughead Assistants (**Hope, Gracie, Olivia, Maria, Ben, Miriam, Rebecca, Serena**) offering diverse teaching styles, experience, skills, and mentorship; Jughead Volunteers (**Danny, Lauren**) fill in the gaps for campers/tasks needing extra attention.

2021 JUGHEADS Summer Camp Options

All summer camps are held at **Emmaus Free Lutheran Church** • 8443 2nd Ave. South • Bloomington, MN • 55420

CAMP ID	TITLE	TIME	TUITION
21CAMP1-AM	Summer Beginning/ Intermediate Juggling Camp, Session 1 (5 Mornings)	M-F, June 7-11 9AM – NOON	\$ 130
21CAMP1-PM	Summer Advanced/ Expert Juggling Camp, Session 1 (5 Afternoons)	M-F, June 7-11 1PM – 4PM	\$ 130
21CAMP2-AM	Summer Beginning/ Intermediate Juggling Camp, Session 2 (5 Mornings)	M-F, June 14-18 9AM – NOON	\$ 130
21CAMP2-PM	Summer Advanced/Expert Juggling Camp, Session 2 (5 Afternoons)	M-F, June 14-18 1PM-4PM	\$130
	NOTE: We offer flexibility for all ability/experience levels to attend either the mornings or afternoons. However, beginning jugglers are best served by the mornings' higher structure and group learning time.		
21SUM-PUNCH-1X	1X PUNCHCARD: Allows student to attend any one (1) three-hour summer morning OR afternoon half-day camp.	June 7, 8, 9, 10, 11; June 14, 15, 16, 17, 18. Flexible Attendance: 9AM – Noon (OR) 1PM – 4PM 3 Hour Camp=1 Punch	\$ 35 (1X)
21SUM-PUNCH-5X	5X PUNCHCARD: Allows student to attend any five (5) three-hour summer morning OR afternoon half-day camps. (<i>Siblings <u>may</u> share 5x Punchcards.</i>)	See above	\$ 150 (5X)
21SUM-PUNCH-10X	10X PUNCHCARD: Allows student to attend any ten (10) three-hour summer morning OR afternoon half-day camps. (<i>Siblings <u>may</u> share 10x Punchcards.</i>)	See above	\$ 250 (10X)
21SUM-PUNCH-20X	20X PUNCHCARD: Allows student (+ siblings) to attend ALL twenty (20) three-hour summer morning AND afternoon half-day camps. <i>As a way to promote new campers and use all 20 punches while taking advantage of this lowest daily rate, student may share up to five (5) punches of this 20X Punchcard with friends, cousins, or other non-siblings.</i>	See above	\$ 425 (20X)
Other Unique Summer Involvement Options			
25th Annual Edina 4th of July Parade! A summer juggling highlight celebrating our nation's birthday and heritage since our charter appearance in Edina's 1st parade in 1996.		Saturday, July 3 • 9 am–11:30 am (TBD) 30 Jugheads (sign up by 6/26/21); JJ23 tee or UC team jersey required.	Free! Sign up via JH web site link.
JBC 4 (Juggling + Bible Camp, 4th Edition) at The ARC near Osceola, WI This unique and autonomous experience is a hybrid of a church camp, a juggling festival, and our traditional Jingle Jam holiday party. See our website for complete registration information.		Sun.-Fri., July 25-30 (five nights) 20-25 Jugheads completing grades 5-12. Rising 5th graders and non-Jugheads may register as of 6/1/21.	\$450

Registration Form • JUGHEADS Youth Juggling Company, LLC • Tax ID #20-2580849

Child(ren)'s Name(s): _____

Date of Birth: _____ Rising Grade (Fall 2021): _____ School: _____

Parents' Name(s): _____

Address: _____ City: _____ State: _____ Zip: _____

Home Phone: _____ Cell/Work (Mom): _____ Cell/Work (Dad): _____

E-Mail Addresses (*only* for Jughead member/parent info., avg. 2x/month): _____

Camp Class ID	Tuition
_____	_____
_____	_____
_____	_____

Masks *Optional*: As of 6/1/21, we're no longer requiring masks for any students, staff, parents or visitors on site for our juggling clubs or camps. This is due to changes in state and local guidelines as well as the discontinued mask mandate by our host facility, Emmaus Free Lutheran Church, on 5/19/21.

Total _____

TOTAL PAID _____

Parent or Guardian Signature(s): _____

I have read and agree to the Release and Waiver of Liability and Indemnity Agreement below.

Date: _____

Register by Mail:
Mail your registration and check to:
JUGHEADS Youth Juggling Company, LLC
5905 Concord Avenue • Edina, MN 55424

Register Online: Go to www.jugheads.com and select CAMPS. Follow the online registration/payment instructions. Sign this form and bring (or mail) it on the first day of camp.

Register in Person:
Deliver your registration and check to JUGHEADS during any club/camp day at Emmaus Free Lutheran Church.

Release and Waiver of Liability and Indemnity Agreement

In consideration of being permitted to participate in any way in the JUGHEADS Youth Juggling Company, LLC program indicated below and/or being permitted to enter for any purpose any restricted area (herein defined as any area where admittance to the general public is prohibited), the parent(s) and/or legal guardian(s) of the minor participant named below agree:

- The parent(s) and/or legal guardian(s) will instruct the minor participant that prior to participating in any JUGHEADS Youth Juggling Company, LLC activity or event, he or she should inspect the facilities and equipment to be used, and if he or she believes anything is unsafe, the participant should immediately advise the officials of such condition and refuse to participate. I understand and agreed that, if at any time, I feel anything to be UNSAFE, I will immediately take all precautions to avoid the unsafe area and REFUSE TO PARTICIPATE further.
- I/WE fully understand and acknowledge that:
 - There are risks and dangers associated with participation in JUGHEADS Youth Juggling Company, LLC events and activities which could result in bodily injury partial and/or total disability, paralysis and death.
 - The social and economic losses and/or damages, which could result from these risks and dangers described above, could be severe.
 - These risks and dangers may be caused by the action, inaction or negligence of the participant or the action, inaction or negligence of others, including, but not limited to, the Releasees named below.

- (d) There may be other risks not known to us or are not reasonably foreseeable at this time.
- I/WE accept and assume such risks and responsibility for the losses and/or damages following such injury, disability, paralysis or death, however caused and whether caused in whole or in part by the negligence of the Releasees named below.
 - I/WE HEREBY RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE the JUGHEADS Youth Juggling Company, LLC facility used by the participant, including its owners, managers, promoters, lessees of premises used to conduct the JUGHEADS Youth Juggling Company, LLC event or program, premises and event inspectors, underwriters, consultants and others who give recommendations, directions, or instructions to engage in risk evaluation or loss control activities regarding the JUGHEADS Youth Juggling Company, LLC facility or events held at such facility and each of them, their directors, officers, agents, employees, all for the purposes herein referred to as "Releasee"...FROM ALL LIABILITY TO THE UNDERSIGNED, my/our personal representatives, assigns, executors, heirs and next of kin FOR ANY AND ALL CLAIMS, DEMANDS, LOSSES OR DAMAGES AND ANY CLAIMS OR DEMANDS THEREFORE ON ACCOUNT OF ANY INJURY, INCLUDING BUT NOT LIMITED TO THE DEATH OF THE PARTICIPANT OR DAMAGE TO PROPERTY, ARISING OUT OF OR RELATING TO THE EVENT(S) CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE RELEASEE OR OTHERWISE.
 - I/WE HEREBY acknowledge that THE ACTIVITIES

OF THE EVENT(S) CAN BE DANGEROUS and involve the risk of serious injury and/or death and/or property damage. Each of THE UNDERSIGNED also expressly acknowledges that INJURIES RECEIVED MAY BE COMPOUNDED OR INCREASED BY NEGLIGENCE RESCUE OPERATIONS OR PROCEDURES OF THE RELEASEES.

6. EACH OF THE UNDERSIGNED further expressly agrees that the foregoing release, waiver, and indemnity agreement is intended to be as broad and inclusive as is permitted by the law of the Province or State in which the event is conducted and that if any portion is held invalid, it is agreed that the balance shall, notwithstanding continue in full legal force and effect.

7. On behalf of the participant and individually, the undersigned partner(s) and/or legal guardian(s) for the minor participant executes this Waiver and Release. If, despite this release, the participant makes a claim against any of the Releasees, the parent(s) and/or legal guardian(s) will reimburse the Releasee for any money which they have paid to the participant, or on his behalf, and hold them harmless. I HAVE READ THIS RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT, ASSURANCE, OR GUARANTEE BEING MADE TO ME AND INTEND MY SIGNATURE TO BE COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW.