



2022-'23 1st Semester Juggling Clubs

All JUGHEADS Clubs will be held at
Emmaus Free Lutheran Church
 8443 2nd Avenue S., Bloomington, MN

Helpful Registration Notes:

- **'22-'23 Semesters w/ equal tuition rates*:**
 1st Sem.: Tues., 9/6/22–Thurs., 1/19/22;
 2nd Sem.: Mon., 1/23/23–Thurs., 6/1/23.
 *Each club rate repeats 2nd Sem. Included fees: Jingle Jam (~12/3), JJ25 (T-shirt, print photos, digital video); UC varsity apparel.
- **Tuition** includes 3 daily snacks, props use, and flexible make-ups for any absences.
- **All families new to JUGHEADS (JH)** should consult with **Director Paul Arneberg** before registering. Incoming rookie Jugheads should: 1) choose Tues. Rec. or Thurs. Rec.; 2) ideally have JH camp experience or hire a JH staff/SLT tutor; and 3) persist in learning, especially if a rising 2nd or 3rd grader!
- **STANDARDS (www.jugheads.com/clubs):**
Rec. Club Jugheads: Work toward the Rec. standards by the end of your 1st year. Rec./Adv./Elite Jugheads: Achieve standards before joining Adv./Elite/UC. Q's? Ask staff.
- **Staff positions:** Director, Head Coach, Coach, Specialist, and Operations Manager. (Job Descriptions on website.) **Director Paul Arneberg** will be on site 33-67% of the time depending on enrollment. **Specialist Joyce Miller** will focus on special events, Emmaus connection & staff support.
- **Student Leadership Team (SLT) positions:** Assistant, Volunteer, Captain, Officer, *Winter Showcase* Student Director, W.S. Asst. Student Director. SLT prerequisites: 10th grade and all the Elite standards. Those with interest in serving/leading should consult with **Head Coach Erica Liddle**.
- **We assume that 1st Semester Jugheads will return for 2nd Semester** to experience *Juggle Jam 25* (JJ25: ~May 19-20, 2023). Please inform us if your child: 1) plans to discontinue, or 2) wants to switch/add clubs for 2nd Semester.
- **Online calendar:** jugheads.com/calendar/ (*Jingle Jam* is tentatively Sat., 12/3, 5-9p.)

Punchcard Rates for Monday Night Club (MNC):
 1=\$40; 5=\$180; 10=\$340; 20=\$640. **Best value= full semester (in addition to another club day)—plus, the full sem. is 50% off this inaugural year!**

MEA Camps are back! Oct. 20-21, 9-Noon & 1-4 with Coach Kayla Malmgren.

Registration is open online: jugheads.com/register



TUESDAY REC. CLUB

Grades 2*-12 • Range: 10-30 Members
Tuesdays, 3:00–6:30 pm (core time: 4:15-6)
Sept. 6–Jan. 17 (No Club: 12/20, 12/27)

Coach: Kayla Malmgren (JH Class of '20)
Assts.: Maria Hadjiyanis*, Rebecca Moore
 *2023 *Winter Showcase* Asst. Student Director

Tuesday Rec. is designed for jugglers in elementary and middle school. This has been our main entry-level club since 2018, with many eager to learn and assimilate in the company.

Tuesday Rec. 1st Sem. Tuition: \$565

*Rising 2nd graders may join w/ special permission. Camp experience and older siblings help assimilation.

THURSDAY REC. CLUB

Grades 2*-12 • Range: 10-30 Members
Thursdays, 3:00–6:30 pm (core time: 4:15-6)
Sept. 8–Jan. 19 (No Club: 10/20, 11/24, 12/22, 12/29)

Coach: Christine Therens (JH Class of '09)
Assistants: Miriam Drabek, Serena Nelson, Ben Sneesby

Thursday Rec. is a hybrid between Rec. Club and Advanced with eclectic friendships, many multi-year members, and the widest age range of any in our line-up of weekly juggling clubs.

Thursday Rec. 1st Sem. Tuition: \$550

*See Tuesday Rec. for the rarity of 2nd grade rookies.

ADVANCED CLUB

Grades 6*-12 • Range: 10-20 Members
Mondays, 3:00–6:30 pm (core time: 4:15-6)
Sept. 12–Jan. 9 (No Club: 12/19, 12/26, 1/16)

Coach: Erica Liddle (JH Class of '14)

Assistant: Danny Keuning

Advanced is a favorite club in our company's history, and many Rec. Jugheads work hard to achieve the standards. Along with high expectations for continued progress, Advanced comes with the promise of creativity, new and deeper friendships, and a challenging JJ25 routine.

Adv. 1st Semester Tuition: \$520

*Rising 5th graders may join Adv. with special permission and extensive experience / higher standards.

MONDAY NIGHT CLUB

Grades 5-12 • Range: 10-20 Members*
Mondays, 6:15–9:30 pm (core: 6:30-9:00)
Sept. 12–Jan. 9 (No Club: 12/19, 12/26, 1/16)

Coach: Kayla Malmgren (JH Class of '20)

MNC revives Saturday Club from the '90's and High School Club from the 2000's. Focused exclusively on standards (technical work) and specialty acts (solos & ensembles), this summer camp-like club is for members of another club (50% off during this inaugural year) but will accept punchcard Jugheads in increments of 5, 10 or 20 punches ([see sidebar for rates](#)). No JJ25 routine, so maximum time to juggle & create!

*All the Rec. Standards are prerequisites for MNC.

MNC 1st Semester Tuition: \$470

\$235/Sem. (50% off) for '22-'23!**

****Discount only for members of another club.**

ELITE CLUB

Grades 8–12 • Range: 15-25 members
Tuesdays, 6:15–9:30 pm (core time: 6:45-9)
Sept. 6–Jan. 17 (No Club: 12/22, 12/29)

Coaches: Erica Liddle, Josh Nelson ('18)
Captains: Miriam Drabek, Ben Sneesby

This club represents a significant milestone achievement for many Jugheads with higher goals. Snack-time chats, warm-ups, structure, workshops, years-long friendships and rousing contests & games define this weekly haven for teens. Once standards are met, admittance is contingent on space and Director & Head Coach permission. Our traditional club focus: 1st Sem.—skills; 2nd Sem.—JJ25 routine (and elective specialty acts for the *Showcase*).

Elite 1st Semester Tuition: \$565

*Rising 7th graders may join Elite with special permission and one year of Advanced Club experience.

ULTIMATE CLUB

Grades 9–12 • Range: 10-15 members
Thursdays, 6:15-9:30 pm (core time: 6:30-9)
Sept. 8–Jan. 19 (No UC: 10/20, 11/24, 12/22, 12/29)

Coaches: Erica Liddle ('14), Jack Levy ('11)
Captain: Isaac Cantor

This club offers a varsity-level experience with the opportunity to earn letters in juggling! Each week features intense warm-ups, passing patterns, and creative choreography toward the year-long goal of a complex and rewarding JJ25 routine. Admittance is contingent on consultation with (and invitation from) both Head Coach Erica Liddle and Director Paul Arneberg. Ultimates are required to join Elite Club for a 2nd day (Adv. is the back-up; MNC is elective).

UC 1st Semester Tuition: \$625

Registration Form • JUGHEADS Youth Juggling Company, LLC • Tax ID #20-2580849

Child's Name: _____

Date of Birth: _____ Rising Grade (2022-2023): _____ School: _____

Parents' Name(s): _____

Address: _____ City: _____ State: _____ Zip: _____

Home Phone: _____ Cell/Work (Mom): _____ Cell/Work (Dad): _____

E-Mail Addresses (for important JUGHEADS parent information) : _____

<u>Club Name</u>	<u>Tuition</u>
_____	_____
_____	_____
_____	_____

2022-'23 1st Sem. CANCELLATION POLICY:
75% refund through 8/15/22; 50% refund through 9/15/22; 25% refund through 10/15/22.

Total _____

TOTAL PAID _____

Parent or Guardian Signature(s): _____

I have read and agree to the Release and Waiver of Liability and Indemnity Agreement below. **Date:** _____

Register by Mail:
Mail your registration and check to:
JUGHEADS Youth Juggling Company, LLC
16591 185th St. E. • Hastings, MN 55033

Register Online:
Go to www.jugheads.com and select CLUBS.
Follow the online registration instructions.

Register in Person:
You may drop off your reg./check to any of our summer camps: June 6-July 8.

Release and Waiver of Liability and Indemnity Agreement

In consideration of being permitted to participate in any way in the JUGHEADS Youth Juggling Company, LLC program indicated below and/or being permitted to enter for any purpose any restricted area (herein defined as any area where in admittance to the general public is prohibited), the parent(s) and/or legal guardian(s) of the minor participant named below agree:

1. The parent(s) and/or legal guardian(s) will instruct the minor participant that prior to participating in any JUGHEADS Youth Juggling Company, LLC activity or event, he or she should inspect the facilities and equipment to be used, and if he or she believes anything is unsafe, the participant should immediately advise the officials of such condition and refuse to participate. I understand and agreed that, if at any time, I feel anything to be UNSAFE, I will immediately take all precautions to avoid the unsafe area and REFUSE TO PARTICIPATE further.
2. I/WE fully understand and acknowledge that:
 - (a) There are risks and dangers associated with participation in JUGHEADS Youth Juggling Company, LLC events and activities which could result in bodily injury partial and/or total disability, paralysis and death.
 - (b) The social and economic losses and/or damages, which could result from these risks and dangers described above, could be severe.
 - (c) These risks and dangers may be caused by the action, inaction or negligence of the participant or the action, inaction or negligence of others, including, but not limited to, the Releasees named below.

- (d) There may be other risks not known to us or are not reasonably foreseeable at this time.
3. I/WE accept and assume such risks and responsibility for the losses and/or damages following such injury, disability, paralysis or death, however caused and whether caused in whole or in part by the negligence of the Releasees named below.
 4. I/WE HEREBY RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE the JUGHEADS Youth Juggling Company, LLC facility used by the participant, including its owners, managers, promoters, lessees of premises used to conduct the JUGHEADS Youth Juggling Company, LLC event or program, premises and event inspectors, underwriters, consultants and others who give recommendations, directions, or instructions to engage in risk evaluation or loss control activities regarding the JUGHEADS Youth Juggling Company, LLC facility or events held at such facility and each of them, their directors, officers, agents, employees, all for the purposes herein referred to as "Releasee"...FROM ALL LIABILITY TO THE UNDERSIGNED, my/our personal representatives, assigns, executors, heirs and next to kin FOR ANY AND ALL CLAIMS, DEMANDS, LOSSES OR DAMAGES AND ANY CLAIMS OR DEMANDS THEREFORE ON ACCOUNT OF ANY INJURY, INCLUDING BUT NOT LIMITED TO THE DEATH OF THE PARTICIPANT OR DAMAGE TO PROPERTY, ARISING OUT OF OR RELATING TO THE EVENT(S) CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE RELEASEE OR OTHERWISE.
 5. I/WE HEREBY acknowledge that THE ACTIVITIES

OF THE EVENT(S) CAN BE DANGEROUS and involve the risk of serious injury and/or death and/or property damage. Each of THE UNDERSIGNED also expressly acknowledges that INJURIES RECEIVED MAY BE COMPOUNDED OR INCREASED BY NEGLIGENCE RESCUE OPERATIONS OR PROCEDURES OF THE RELEASEES.

6. EACH OF THE UNDERSIGNED further expressly agrees that the foregoing release, waiver, and indemnity agreement is intended to be as broad and inclusive as is permitted by the law of the Province or State in which the event is conducted and that if any portion is held invalid, it is agreed that the balance shall, notwithstanding continue in full legal force and effect.

7. On behalf of the participant and individually, the undersigned partner(s) and/or legal guardian(s) for the minor participant executes this Waiver and Release. If, despite this release, the participant makes a claim against any of the Releasees, the parent(s) and/or legal guardian(s) will reimburse the Releasee for any money which they have paid to the participant, or on his behalf, and hold them harmless. I HAVE READ THIS RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT, ASSURANCE, OR GUARANTEE BEING MADE TO ME AND INTEND MY SIGNATURE TO BE COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW.