



## 2022-'23 2nd Semester Juggling Clubs

All JUGHEADS clubs for 2nd Semester will be held at our 3-year juggling home:  
**Emmaus Free Lutheran Church**  
 8443 2nd Ave. S., Bloomington, MN 55420

### Helpful Registration Notes:

1. Each club-specific tuition rate for 2nd Sem. mirrors 1st Sem (plus a bonus day for both Tues. clubs). No further costs except elective JJ25 costumes.
2. 2nd Sem. tuition includes **three daily snacks/beverages plus use of props.**
3. Please note when each club does **not meet**. See our Jan. '23 newsletter and online calendar for an overview of dates. <https://jugheads.com/calendar/>
4. This is our final semester. We presume all 1st Sem. members will return for 2nd Sem. **Please inform us if your Jughead: 1) discontinues or 2) requests to switch/add club days.**
5. The feature and focus of our 2nd Sem. is **choreographing/rehearsing for and performing in Juggle Jam 25: The Final Show (JJ25)— 5/19-20**, with mandatory all-cast evening dress rehearsals on **Wed., 5/10** and **Wed., 5/17**. Open juggling will be optional at the start and end of each club day; the core time (4:15-6 pm and 7-9:15 pm) will be focused on JJ25 prep.
6. As a key to club planning, **please text your coach re: partial or full absences and planned (optional) make-ups.**
7. Jughead members may apply (by 1/31) to **perform in the Winter Showcase** at Hopkins H.S.: **Sat., 3/11, 7pm**. See newsletter/application for details; acts must be previewed at club by **Student Director Maria H.** by Thursday, 2/16.
8. For continual improvement even beyond our closure as of 6/1/23, see our four levels of Standards. <https://jugheads.com/school-year-clubs/>
9. **Punchcard Rates** (MNC, etc.): 1=\$40; 5=\$175; 10=\$300.

**Please register by Monday, 1/23/23.**  
 Monthly installments available upon request.

Registration is open online: [jugheads.com/register](http://jugheads.com/register)



### TUESDAY REC. CLUB

Grades 2–6 • Presumed Roster: 11 Members  
**Tuesdays, 3:00–6:30 pm**  
**Jan. 24–May 30 (No club: 3/21)**

**Coach:** Kayla Malmgren (JH Class of '20)  
**Assistants:** Maria Hadjiyanis\*, Rebecca Moore^  
**Director:** Paul Arneberg (60% on site)  
 \*2023 Winter Showcase Student Director  
 ^2023 Winter Showcase Assistant Student Director

Tuesday Rec. is designed for jugglers in elementary and middle school. Tuesday Rec. reflects the spirit of our original entry-level club, with many eager to invest in skills and friendships. Tuesday's club routine for JJ25: *The Final Show* will be "Scooby Doo."

**Tuesday Rec. 2nd Sem. Tuition: \$580**

### THURSDAY REC. CLUB

Grades 5–9 • Presumed Roster: 11 Members  
**Thursdays, 3:00–6:30 pm**  
**Jan. 26–June 1 (No club: 3/23)**

**Coach:** Christine Therens (JH Class of '09)  
**Assistants:** Miriam Drabek, Serena Nelson, Ben Sneesby  
**Director:** Paul Arneberg (60% on site)

Thursday Rec. has eclectic friendships, many multi-year members, a classic middle schooler domination, and a legacy of many grads having started in this club over our history. Thursday Rec.'s routine for JJ25: *The Final Show* will be "Sparky's Sweets."

**Thursday Rec. 2nd Sem. Tuition: \$550**

### ADVANCED CLUB

Grades 6–12 • Presumed Roster: 10 Members  
**Mondays, 3:00–6:30 pm**  
**Jan. 23-May 22 (No club: 2/20, 3/20, 5/29)**

**Coach:** Erica Liddle (JH Class of '14)  
**Assistant:** Danny Keuning  
**Volunteer:** Maya Nowak  
**Director:** Paul Arneberg (60% on site)

Many Jugheads have worked hard to achieve the standards for Advanced, a favorite club in our company's history. Along with higher expectations for continuous progress, Adv. comes with the promise of creativity, new and deeper friendships, and the goal of creating a challenging routine. For this final JJ25, Advanced will either perform one of our long-ago signature stage acts, "Raiders of the Lost Ark," or another epic/nostalgic theme.

**Adv. 2nd Semester Tuition: \$520**

### MONDAY NIGHT CLUB

Grades 6–12 • Presumed Roster: 10 Members  
**Mondays, 6:15–9:30 pm (core: 6:45-9:00)**  
**Jan. 23–May 22 (No club: 2/20, 3/20, 4/17, 5/29)**

**Coach:** Kayla Malmgren (JH Class of '20)  
**Director:** Paul Arneberg (60% on site)

MNC focuses exclusively on standards (technical work) and specialty acts (solos & ensembles). Designed for members of another club (50% off for the full semester), MNC will accept punchcard Jugheads in increments of 1, 5 or 10 punches (see sidebar for rates). No JJ25 routine; optimal time to juggle & create!

**MNC 2nd Semester Tuition: \$470**  
**Members of another club: 50% off (\$235)**

### ELITE CLUB

Grades 8–12 • Presumed Roster: 24 Members  
**Tuesdays, 6:15–9:30 pm (core: 7:00-9:15)**  
**Jan. 24–May 30 (No club: 3/21)**

**Head Coach:** Erica Liddle (JH Class of '14)  
**Coach:** Joshua Nelson (JH Class of '18)  
**Co-Captains:** Miriam Drabek, Ben Sneesby  
**Director:** Paul Arneberg (60% on site)

This club has represented a significant milestone achievement for hundreds of advanced-expert Jugheads. Snack-time chats, warm-ups, structure, workshops, years-long friendships and rousing contests & games define this weekly haven for teens. Elite's final routine will be a musical in our long tradition of well-choreographed theatrical juggling.

**Elite Club 2nd Semester Tuition: \$580**

### ULTIMATE CLUB

Grades 9–12 • Presumed Roster: 12 Members  
**Thursdays, 6:15-9:30 pm (core: 6:30-9:15)**  
**Jan. 26–June 1 (No club: 3/23)**

**Head Coach:** Erica Liddle (JH Class of '14)  
**Coach:** Jack Levy (JH Class of '11)  
**Captain:** Isaac Cantor  
**Director:** Paul Arneberg (60% on site)  
**Producer:** Wendy Arneberg (special logistics)

Unique in the world of juggling, performing, and athletics, UC has offered a varsity-level experience since 1998 with the opportunity to earn letters in juggling since '03. Collaborative efforts including intense warm-ups, passing patterns, and creative choreography have reached pinnacle performance as the featured club routine since our original 1999 *Juggle Jam*. Ultimates are required to also join Elite.

**Ultimate Club 2nd Sem. Tuition: \$625**

**Registration Form • JUGHEADS Youth Juggling Company, LLC • Tax ID #20-2580849**

**Child's Name:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_ **Grade (2022-2023):** \_\_\_\_\_ **School:** \_\_\_\_\_

**Parents' Name(s):** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Home Phone:** \_\_\_\_\_ **Cell/Work (Mom):** \_\_\_\_\_ **Cell/Work (Dad):** \_\_\_\_\_

**E-Mail Addresses (for important JUGHEADS parent information) :** \_\_\_\_\_

<u>Club Name</u>	<u>Tuition</u>
_____	_____
_____	_____
_____	_____

2022-'23 2nd Sem. CANCELLATION POLICY: 50% refund through Feb. 15; 25% refund through Mar. 15.  
 \$25 LATE FEE per club for pymt. after Jan. 31.  
 Make-ups within any given semester are always encouraged for any absences.  
 Punchcard attendance is possible, but punchcard-only (and MNC-only) students will not participate in JJ25.

**Total** \_\_\_\_\_  
**TOTAL PAID** \_\_\_\_\_

**Parent or Guardian Signature(s):** \_\_\_\_\_

I have read and agree to the Release and Waiver of Liability and Indemnity Agreement below.

**Date:** \_\_\_\_\_

**Register by U.S. Mail:**  
 Mail your registration and check to:  
**JUGHEADS Youth Juggling Co., LLC**  
 16591 185th St. E., Hastings, MN 55033

**Register Online:**  
 Go to [www.jugheads.com](http://www.jugheads.com) and select CLUBS.  
 Follow the online registration instructions.

**Register at Club:**  
 You may drop off your reg./check at our gym office during any regular club hours at **Emmaus Church in Bloomington.**

**Release and Waiver of Liability and Indemnity Agreement**

In consideration of being permitted to participate in any way in the JUGHEADS Youth Juggling Company, LLC program indicated below and/or being permitted to enter for any purpose any restricted area (herein defined as any area where admittance to the general public is prohibited), the parent(s) and/or legal guardian(s) of the minor participant named below agree:

- The parent(s) and/or legal guardian(s) will instruct the minor participant that prior to participating in any JUGHEADS Youth Juggling Company, LLC activity or event, he or she should inspect the facilities and equipment to be used, and if he or she believes anything is unsafe, the participant should immediately advise the officials of such condition and refuse to participate. I understand and agreed that, if at any time, I feel anything to be UNSAFE, I will immediately take all precautions to avoid the unsafe area and REFUSE TO PARTICIPATE further.
- I/WE fully understand and acknowledge that:
  - There are risks and dangers associated with participation in JUGHEADS Youth Juggling Company, LLC events and activities which could result in bodily injury partial and/or total disability, paralysis and death.
  - The social and economic losses and/or damages, which could result from these risks and dangers described above, could be severe.
  - These risks and dangers may be caused by the action, inaction or negligence of the participant or the action, inaction or negligence of others, including, but not limited to, the Releasees named below.

- There may be other risks not known to us or are not reasonably foreseeable at this time.
- I/WE accept and assume such risks and responsibility for the losses and/or damages following such injury, disability, paralysis or death, however caused and whether caused in whole or in part by the negligence of the Releasees named below.
- I/WE HEREBY RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE the JUGHEADS Youth Juggling Company, LLC facility used by the participant, including its owners, managers, promoters, lessees of premises used to conduct the JUGHEADS Youth Juggling Company, LLC event or program, premises and event inspectors, underwriters, consultants and others who give recommendations, directions, or instructions to engage in risk evaluation or loss control activities regarding the JUGHEADS Youth Juggling Company, LLC facility or events held at such facility and each of them, their directors, officers, agents, employees, all for the purposes herein referred to as "Releasee"...FROM ALL LIABILITY TO THE UNDERSIGNED, my/our personal representatives, assigns, executors, heirs and next to kin FOR ANY AND ALL CLAIMS, DEMANDS, LOSSES OR DAMAGES AND ANY CLAIMS OR DEMANDS THEREFORE ON ACCOUNT OF ANY INJURY, INCLUDING BUT NOT LIMITED TO THE DEATH OF THE PARTICIPANT OR DAMAGE TO PROPERTY, ARISING OUT OF OR RELATING TO THE EVENT(S) CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE RELEASEE OR OTHERWISE.
- I/WE HEREBY acknowledge that THE ACTIVITIES

OF THE EVENT(S) CAN BE DANGEROUS and involve the risk of serious injury and/or death and/or property damage. Each of THE UNDERSIGNED also expressly acknowledges that INJURIES RECEIVED MAY BE COMPOUNDED OR INCREASED BY NEGLIGENCE RESCUE OPERATIONS OR PROCEDURES OF THE RELEASEES.

6. EACH OF THE UNDERSIGNED further expressly agrees that the foregoing release, waiver, and indemnity agreement is intended to be as broad and inclusive as is permitted by the law of the Province or State in which the event is conducted and that if any portion is held invalid, it is agreed that the balance shall, notwithstanding continue in full legal force and effect.

7. On behalf of the participant and individually, the undersigned partner(s) and/or legal guardian(s) for the minor participant executes this Waiver and Release. If, despite this release, the participant makes a claim against any of the Releasees, the parent(s) and/or legal guardian(s) will reimburse the Releasee for any money which they have paid to the participant, or on his behalf, and hold them harmless. I HAVE READ THIS RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT, ASSURANCE, OR GUARANTEE BEING MADE TO ME AND INTEND MY SIGNATURE TO BE COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW.